



Signature Sabbatical Itinerary: Intrepid Nicaragua

Introducing LiNGER

We are an independent travel company, specialising in tailor-made sabbatical travel and extended holidays throughout the world.

Whether you are a solo traveller on holiday, a family with children on sabbatical, friends seeking an epic break or a couple celebrating a milestone, we would be thrilled to plan your trip.

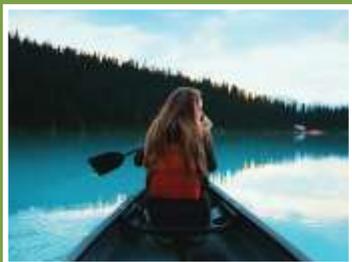
LiNGER was born out of a passion for travel and a desire to do a little more to help protect our planet. Our philosophy is to engage you in a richly authentic and contrasting travel experience which balances meaningful, active and altruistic experiences.

Our travellers LiNGER longer, travel responsibly, immerse themselves in the culture, absorb, engage and explore.

Call, e-mail or request a call-back from us. We love to talk about travel and inspire you with our knowledge.

www.LiNGER.co.uk | travel@LiNGER.co.uk

ADVENTURE



AUTHENTIC



RESPONSIBLE



EXCLUSIVE



ETHICAL



Introducing Nicaragua

Nicaragua is a wonderfully under-the-radar destination for nature and adventure lovers. Vast volcanoes sit side by side with shimmering lakes. Lush tropical jungles are home to abundant wildlife and quirky islands, all sandwiched between rugged Pacific beaches and Caribbean idylls. You can hike, snorkel, surf and zipline your days away or put your feet up and simply bathe in the sounds of nature from almost anywhere in Central America's largest nation. Nicaragua has its cultural charms too, with Spanish-colonial cities being lovingly restored and rural communities working to preserve their cultural traditions. Getting-off-the-beaten-path is easy in Nicaragua, making it an ideal choice for travellers keen to escape the crowds and marvel at nature in all its glory.

How to Get to Nicaragua

Unless you overland from Costa Rica or Honduras, you'll fly into Managua, the capital city. Most visitors move straight on from here and take a road transfer to Granada, Leon or the Pacific Coast, or a hopper flight to the Corn Islands. There are no direct flights from the UK to Nicaragua; you'll need to go via Europe or the US (flight time 12-15 hours). You can fly directly to Managua from several US hubs; the average flight time is 4 hours.

Consider renting a car while you're here (4WD is best). Roads are decent and it's the easiest way to reach more remote areas.

When & Weather – Nicaragua

The climate is tropical and hot year round. Dry Season is Nov-April; Rainy Season is May-Oct, but downpours are short bursts rather than constant showers. Hurricanes are possible late August to October. Temperatures range between 21°C (70°F) and 32°C (90°F).

Who will Nicaragua Appeal To?

The country's breath-taking and underdeveloped natural landscapes are best suited to: Adventure seekers - Active travellers - Solo travellers - Photographers - Beach lovers - Wildlife enthusiasts - Honeymooners - Culture Vultures - Families.

Accommodation

Nicaragua has an ever-growing inventory of accommodation with boutique properties, historic hotels, beachside casitas, eco lodges and friendly guesthouses. In general the accommodation here is simpler than in other Central American countries, and fantastic value as a result.

Off The Beaten Path

Scale the dormant Apoyeque volcano and swim in its thermal crater. Or surf down the ash-covered slopes of active Cerro Negro. Peek into the smoking Masaya volcano and spot a colony of green parakeets that live in the crater. Visit the indigenous peoples of the Bosawas Biosphere Reserve.

Wildlife

The Corn Islands are home to noisy howler monkeys and roaming iguanas. In the surrounding Caribbean Sea you can dive with barracudas, spotted eagle rays and hammerhead sharks. Lake Nicaragua is inhabited by rare bull sharks. Puma and jaguars roam the Bosawas Biosphere Reserve, the second largest rainforest in the Western Hemisphere, second only to the Amazon.

Nicaraguan Experiences you shouldn't miss

Climbing 'the twin peaks' on Isla de Ometepe: 2 volcanoes, 1 active, 1 dormant. Wandering around colourful Granada, with its Spanish colonial architecture. Relaxing on 3km of pristine white sands at Montelimar.

Giving back

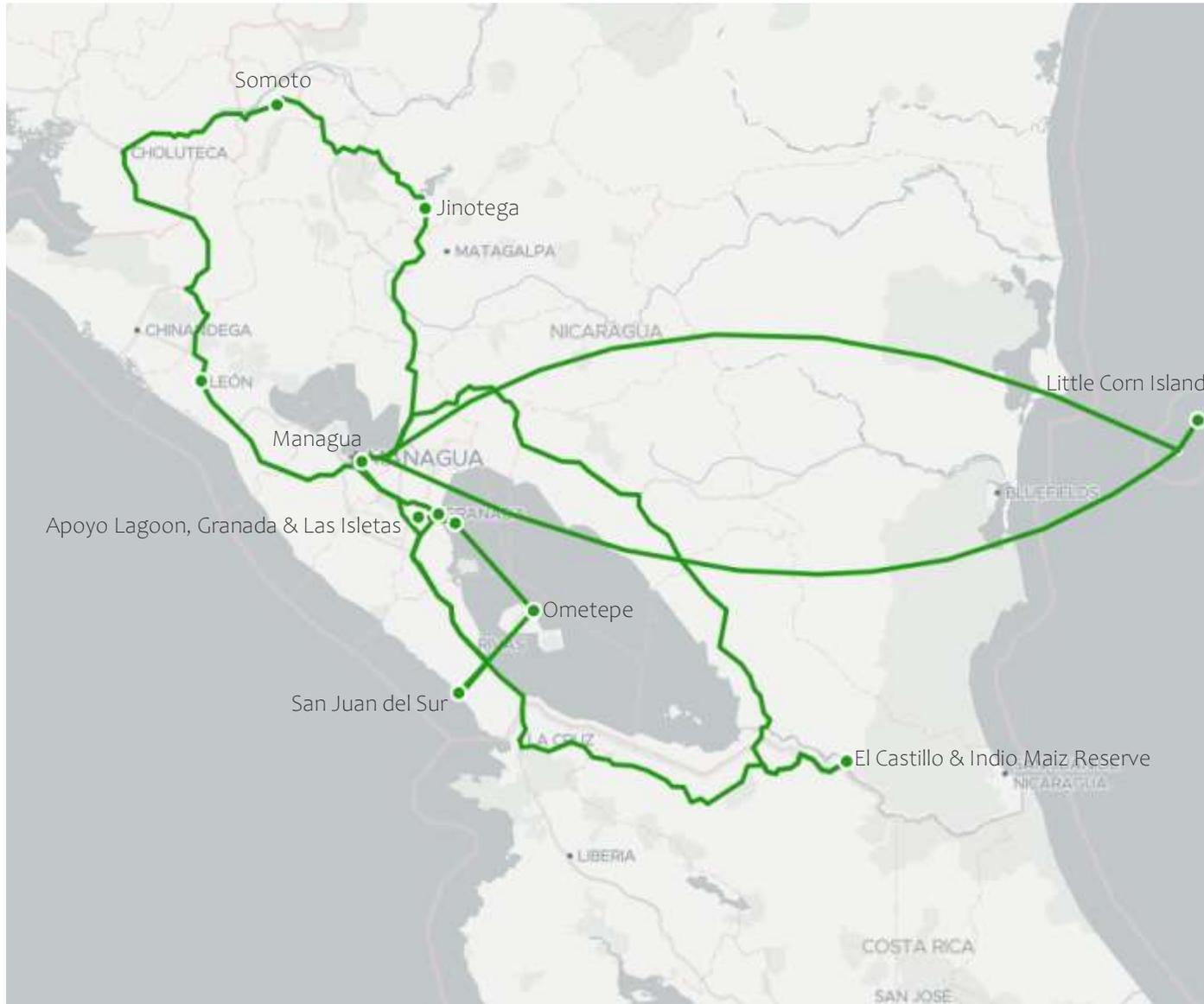
Volunteer at or visit [La Esperanza Granada](#) a volunteer group focusing on children's education that now helps more than 2,000 children in poverty-stricken areas.



Life Experiences & Encounters in Nicaragua



Nicaragua - Journey Map



Flight Details

| Day | Airline & Flight Number | Departure City | Departure | Arrival City | Arrival | Class | Baggage | Journey Time |
|-----|-------------------------|----------------|-----------|--------------|---------|---------|---------|--------------|
| 1 | | | | MANAGUA | | TBC | | |
| 10 | | MANAGUA | | CORN ISLAND | | ECONOMY | 13.6 KG | 1 HR |
| 14 | | CORN ISLAND | | MANAGUA | | ECONOMY | 13.6 KG | 1 HR |
| 34 | | MANAGUA | | | | TBC | | |

Your trip in a nutshell

Day 1

Arrive in Managua & travel by road to Apoyo Lagoon. Check in for a 2-night stay.
Pacaya Lodge & Spa

Day 2

Day at leisure to enjoy the calm setting and nature of Apoyo Lagoon.
Pacaya Lodge & Spa

Day 3

Road transfer to Leon & check in for 3 nights. Explore the city's highlights and heritage this afternoon. *Hotel El Convento*

Day 4

Volcano boarding down Cerro Negro Volcano.
Hotel El Convento

Day 5

Explore the ruined city of Old León & enjoy a swim in a volcanic crater lake.
Hotel El Convento

Day 6

Road transfer to the mountain town of Somoto. Check in for a 2-night stay.
Ruals Hotel

Day 7

Discover the cultural and natural highlights of Ocotal and Mozonte, hiking and visiting waterfalls. *Ruals Hotel*

Day 8

Rappelling & hiking in the Somoto Canyon. Continue by road to the mountains of Jinotega. *La Bastilla Ecolodge*

Day 9

Discover the flora & fauna of the Peñas Blancas Massif.
La Bastilla Ecolodge

Day 10

Flight and boat transfer to laidback Little Corn Island. Check in for a 4-night stay.
Yemaya Island Hideaway

Day 11 - 13

Days at leisure to enjoy the beaches of Little Corn Island.
Yemaya Island Hideaway

Day 14

Return to Managua and travel to the jungles of Rio San Juan by road and boat. Check in for a 4-night stay *Guacimo Lodge*

Day 15

Enjoy birdwatching in the jungle and wander nature trails, looking out for varied wildlife. *Guacimo Lodge*

Day 16

Observe diverse wildlife in the Indio Maiz Biosphere Reserve.
Guacimo Lodge

Day 17

Visit the historic settlement of El Castillo. Evening boat excursion through the jungle to spot nocturnal wildlife. *Guacimo Lodge*

Day 18

Return to civilisation by boat & continue by road to the beautiful city of Granada. Check in for a 3-night stay. *Hotel Plaza Colón*

Day 19

Explore cloud-forest trails around Mombacho Volcano & Granada's historic centre.
Hotel Plaza Colón

Day 20

Day at leisure. Evening excursion to the crater of the active Masaya Volcano.
Hotel Plaza Colón

Day 21

Morning at leisure in Granada. Travel by boat to the volcanic islands of Las Isletas and check in for 3 nights. *Jicaro Island Lodge*

Day 22 - 23

Days at leisure to experience the archipelago of Las Isletas.
Jicaro Island Lodge

Your trip in a nutshell

Day 24

Travel by road and ferry to Isla de Ometepe on Lake Nicaragua. Check in for 4 nights on this beautiful volcanic island. *Finca San Juan de la Isla*

Day 25

Hike to the summit of Maderas Volcano.
Finca San Juan de la Isla

Day 26

Cultural and natural highlights of Ometepe.
Finca San Juan de la Isla

Day 27

Ometepe culinary experience.
Finca San Juan de la Isla

Day 28

Travel by ferry & road to reach San Juan del Sur on Nicaragua's Pacific Coast. Check into your beautiful eco lodge for 5 nights. *Morgan's Rock Eco Lodge*

Day 29 - 32

Days at leisure to explore the nature reserve surrounding Morgan's Rock.
Morgan's Rock Eco Lodge

Day 33

Travel by road to Managua to spend your final night in Nicaragua.
Hotel Los Robles

Day 34

Depart Nicaragua.

Travelling Responsibly

At LiNGER we firmly believe that in travel we can do more to help protect our planet.

We take our responsibilities to the environment, local communities, customers, suppliers, partners and employees very seriously and our intention is to constantly review our policies and strive to make improvements where we can.

We offer the opportunity to Give Back by partaking in a meaningful activity in an area that matters to you or where you may have a skillset.

This could be as simple as a beach clean in Sri Lanka to help protect our oceans or caring for orphaned sloths in a wildlife sanctuary in Costa Rica.

LiNGER longer on a sabbatical and devote time to teaching in a village school in Nicaragua or help with a conservation project researching plant species in the Amazon. LiNGER and Enrich Life through Travel.

Our Responsible Travel Policy can be viewed on our website:

<https://linger.co.uk/responsible-travel/>



The Nitty Gritty

Included

- Accommodation on a double/twin basis
- Daily breakfast
- Other meals as described
- Local English speaking private guides
- Private transfers with air-conditioned vehicles
- Entrance fees for included activities
- Private and small group excursions
- Domestic flights

Excluded

- International flights
- Visas
- Tips / Gratuities
- Items of a personal nature - minibar, laundry, etc
- Any activity listed as optional
- Early check-in & late check-out at all hotels
- Meals and drinks where not mentioned in the itinerary
- Travel Insurance

Quotation

- From GBP £8,332.00 per person, based on two travelling together

Booking Terms & Conditions:

www.linger.co.uk/terms-and-conditions/

Start Planning

Our experienced team will guide you through a number of ideas based on how you would like to experience Nicaragua. Consider visiting Nicaragua in combination with its neighbouring countries Costa Rica and Honduras as part of a wider Central Americas itinerary.

No matter how long you have to travel, we'll guide you through the planning process to ensure a trip is carefully pieced together to suit your interests, pace of travel and budget.

Contact

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Telephone: +44 (0) 207 039 9240

Financial Protection

ATOL Protected Holidays

Many of the flights and flight-inclusive holidays are financially protected by the ATOL scheme. But ATOL protection does not apply to all holiday and travel services. Please ask us to confirm what protection may apply to your booking. If you do not receive an ATOL Certificate then the booking will not be ATOL protected. If you do receive an ATOL Certificate but all the parts of your trip are not listed on it, those parts will not be ATOL protected. Please see our booking conditions for information or for more information about financial protection and the ATOL Certificate go to: www.atol.org.uk/ATOLcertificate



Travel Regulation Insolvency Protection

LiNGER Travel Ltd is a company committed to customer satisfaction and consumer financial protection. We are therefore pleased to announce that, at no extra cost to you, and in accordance with “The Package Travel and Linked Travel Arrangements Regulations 2018” all passengers booking with LiNGER Travel Ltd are fully insured for the initial deposit, and subsequently the balance of monies paid as detailed in your booking confirmation form. The policy will also include repatriation if required, arising from the cancellation or curtailment of your travel arrangements due to the insolvency of Linger Travel Ltd. This insurance has been arranged by The Travel Vault in conjunction with Towergate Travel through Zurich Insurance PLC.

Full details regarding Financial Protection can be viewed at: <https://linger.co.uk/financial-protection/>

Full details regarding the Package Travel and Linked Travel Arrangements Regulations 2018 can be viewed at: <https://linger.co.uk/package-travel-regulations/>



Privacy Policy

LiNGER respects your privacy and is committed to protecting your personal data. This privacy notice will inform you as to how we look after your personal data when you visit our website (regardless of where you visit it from) or when you otherwise provide personal data to us via other means (such as over the telephone) and tell you about your privacy rights and how the law protects you.

Full details regarding our Privacy Policy can be viewed at: <https://linger.co.uk/privacy-policy/>



“Unrivalled, intimate knowledge of destinations way beyond the obvious, with a genuine focus on sustainability”.

Julia Bysshe



Contact

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**LINGER**
ENRICHING LIFE THROUGH TRAVEL