



Signature Sabbatical Itinerary: Antarctica & Argentina

Introducing LiNGER

We are an independent travel company, specialising in tailor-made sabbatical travel and extended holidays throughout the world.

Whether you are a solo traveller on holiday, a family with children on sabbatical, friends seeking an epic break or a couple celebrating a milestone, we would be thrilled to plan your trip.

LiNGER was born out of a passion for travel and a desire to do a little more to help protect our planet. Our philosophy is to engage you in a richly authentic and contrasting travel experience which balances meaningful, active and altruistic experiences.

Our travellers LiNGER longer, travel responsibly, immerse themselves in the culture, absorb, engage and explore.

Call, e-mail or request a call-back from us. We love to talk about travel and inspire you with our knowledge.

www.LiNGER.co.uk | travel@LiNGER.co.uk

ADVENTURE



AUTHENTIC



RESPONSIBLE



EXCLUSIVE



ETHICAL



Introducing Antarctica

The Great White Continent of Antarctica offers one of the most remote and extraordinary travel experiences on the planet. Experience the magic of a wilderness region first discovered by Adrien de Gerlache's Belgian expedition at the end of the 19th century. Pass icebergs the size of a small country and visit Emperor Penguin colonies which are endemic to Antarctica.

How to Get to Antarctica

The Antarctic Peninsula is the most easily accessible part of the 7th Continent with travel options by ship or by air:

- Cross the Drake Passage by expedition ship from Ushuaia in Argentina.
- Travel by air to Antarctica's King George Island or Union Glacier with a flight from Punta Arenas in Chile.
- Fly from Cape Town, South Africa to Wolf's Fang on the Antarctic Peninsula.

When & Weather – Antarctica

The best time to visit Antarctica is during the summer months of the Southern Hemisphere between October and March.

Late December to early February is peak travel season.

Temperature range: between 4°C (39°F) and 8°C (46°F).

Who will Antarctica Appeal To?

A trip to Antarctica doesn't get much further from the beaten path and so visitors tend to fall into the following categories:

Expedition travellers with strong sea legs and a love of winter climes – Wildlife enthusiasts – Photographers – Active travellers – Solo travellers

Accommodation

We work with a range of expedition boats from traditional ice-breakers to small luxurious cruise ships. Private charter superyachts offer the ultimate in luxury and comfort for an epic exploration of Antarctica.

Beyond the expedition ships, there are exclusive options to sleep at private camps and retreats located on the Peninsula.

Off The Beaten Path

Your choice of expedition may also include a navigation through South Georgia, the South Shetland Islands and the Falkland Isles (Malvinas).

Explore remote outposts dotted throughout the Peninsula and partake in activities ranging from gentle treks to ice-climbing and cross-country skiing. For a deeper understanding of the White Continent, visit one of the scientific research centres and learn about their work.

Wildlife

In November, witness the mating rituals among seabirds and penguins.

In December and January observe penguin colonies feeding their new-born chicks.

Whale-watching is at its best during February and March.

Antarctica Experiences you shouldn't miss

A micro-dip in Antarctica waters – for the bravest!

Kayaking between glaciers for an eyelevel view of penguins, seals and whales.

Overnight camping on the ice and wake up to the call of penguins.

Cross-country skiing and Stand-up paddleboarding.

Giving back

Get involved in a Citizen Science programme onboard a Polar Latitudes cruise – offered to all guests as an optional activity. Learn how climate change is impacting the birdlife, sealife, ocean temperatures and weather patterns.

Activities may include penguin surveys, measuring ocean salinity, photographing and identifying whales.



Life Experiences & Encounters in Antarctica



Introducing Argentina

From Andean culture and sweeping desert landscapes in the north to rugged granite peaks and gauchos (cowboys) in the south, Argentina is a vast country of contrasts. Throw its glaciers, vineyards, wetlands and waterfalls into the mix and it's hard to know where to start. Every inch of Argentina has something to captivate visitors and even Buenos Aires, its vibrant capital, has so much to offer, with lively pavement cafes, infamous nightlife, sultry tango and of course, world-class steak. Enjoy fine dining, incredible wines and jaw-dropping natural wonders, from the Perito Moreno glacier to the mighty Iguazu falls. With so much to offer, Argentina is bound to leave you wanting more.

How to Get to Argentina

Most will arrive by air. Argentina's biggest 2 airports are both in Buenos Aires. Fly directly from the UK, mainland Europe and major US cities (11-16 hours). From here you can take hopper flights to just about anywhere including Bariloche, Mendoza, Salta and Iguazu and El Calafate, or travel overland. Alternatively, the long-distance buses are excellent.

When & Weather – Argentina

Argentina's seasons are the opposite of the Northern Hemisphere. The best time to visit depends on where you're going; there is not a single time of year when the weather's great throughout the country!

Temperatures range wildly too, between -1C (31°F) and 27°C (82°F). To avoid extreme temperatures aim for: Patagonia and south: November to March. Iguazu and northwest: June to August, especially April. Buenos Aires and Pampas: September to November, March to May. Mendoza: all year. Ski season in Bariloche is June to October.

Who will Argentina Appeal To?

Adventure lovers! The diverse landscapes offer an enormous range of varied and unique experiences. In particular, it's suited to: Active travellers - Culture lovers - Foodies and oenophiles - Wildlife enthusiasts - Keen photographers - Solo travellers - Honeymooners - Families - Sporty types - Tango fans

Accommodation

We work with boutique hotels and charming rentals in the cities, to suit all tastes. A stay in a traditional working estancia will allow you to ride out with gauchos and watch them muster cattle. Get close to nature in a futuristic eco dome in Patagonia, or a wildlife and conservation lodge in the pristine Esteros del Ibera.

Off The Beaten Path

In the northwest, the shimmering white salt flats of Salinas Grandes are otherworldly in their beauty. Nearby are turquoise lakes studded with scarlet flamingos, and a vast plateau of giant cacti; utterly surreal (*Parque Nacional de Los Cardones*).

Kayak across mirror-still Lago Blest then white-water raft down the impossibly blue Rio Manso (Lake District).

Learn about Guaraní indigenous culture with local guides in Yacutinga.

Wildlife

The Valdes Peninsula is home to an enormous colony of elephant seals. Southern Right Whales can be seen here from May to December (breeding, calving and nursing season). Visit South America's only colony of rockhopper penguins near Puerto Deseado. The Ibera Wetlands are a 3-million acre ecosystem of bogs, swamps and lagoons. Capybara and caiman are everywhere; native jaguar are harder to spy...

Argentina Experiences you shouldn't miss

Dining out in Buenos Aires.

Road tripping through the Lake District from Bariloche to San Martin de los Andes
Hiking along the Perito Moreno Glacier in Patagonia

Giving back

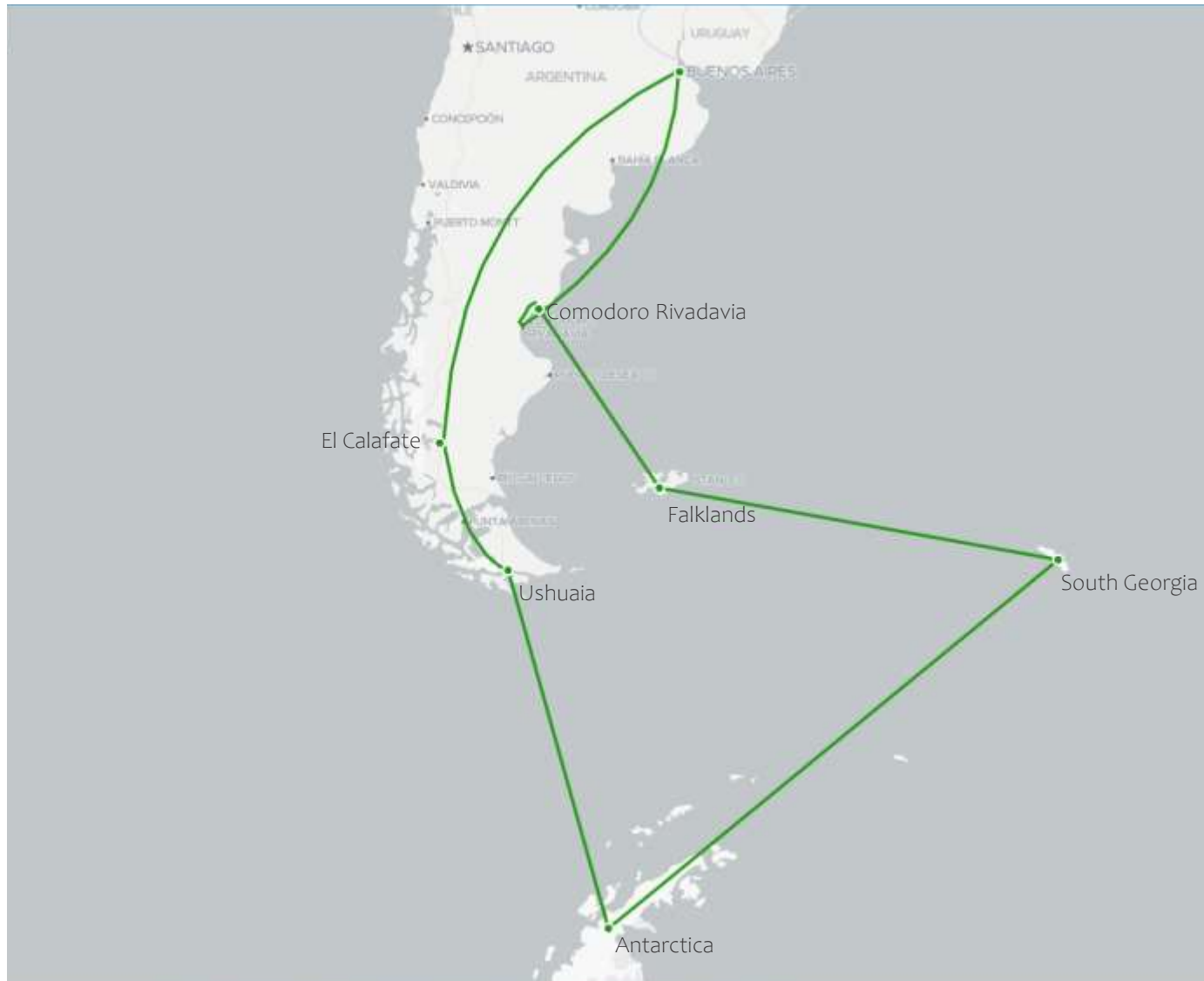
Venture far from the tourist trail to Patagonia's Eastern Atlantic coast and spend time at [Bahia Bustamante Lodge](#). By staying here you'll support the lodge's



Life Experiences & Encounters in Argentina



Antarctica & Argentina - Journey Map



Flight Details

Day	Airline & Flight Number	Departure City	Departure Time	Arrival City	Arrival Time	Class	Baggage Allowance	Journey Time
1		TBC		BUENOS AIRES		TBC	TBC	
6		BUENOS AIRES		COMODORO RIVADIVA		ECONOMY	TBC	2 HR 25 MINS
31		USHUAIA		EL CALAFATE		ECONOMY	TBC	1 HR 20 MINS
35		EL CALAFATE		BUENOS AIRES		ECONOMY	TBC	2 HR 55 MINS
35		BUENOS AIRES		TBC		TBC	TBC	

Your trip in a nutshell

Day 1

Fly to Argentina

Day 2

Arrival in Buenos Aires

CasaSur Hotel

Day 3

Buenos Aires City Insider Excursion

CasaSur Hotel

Day 4

Visit the Hidden Neighbourhoods of Buenos Aires and enjoy a traditional BBQ

CasaSur Hotel

Day 5

Buenos Aires - Day at leisure. Evening speakeasies and traditional tango milongas

CasaSur Hotel

Day 6

Fly Buenos Aires to Comodoro Rivadavia and transfer to Bahia Bustamante

Bahia Bustamante

Day 7-9

Bahia Bustamante Activities - wildlife, nature, walking and coastal exploring

Bahia Bustamante

Day 10

Road transfer to Puerto Madryn via the Welsh settlements of Dolovan & Gaiman

Hotel in Puerto Madryn

Day 11

Embarkation on Antarctica Expedition

MS Seaventure

Day 12-13

Cruise the Southern Ocean

MS Seaventure

Day 14

Cruise to West Falklands (Malvinas)

MS Seaventure

Day 15

Cruise to Stanley, East Falkland (Malvinas)

MS Seaventure

Day 16-17

Cruise the Southern Ocean

MS Seaventure

Day 18-21

Visit South Georgia

MS Seaventure

Day 22-23

Cruise the Scotia Sea

MS Seaventure

Day 24-27

Explore the Antarctic Peninsula

MS Seaventure

Day 28-29

Cruise the Drake Passage

MS Seaventure

Day 30

Disembarkation in Ushuaia and overnight stay

Arakur Hotel

Day 31

Fly Ushuaia to El Calafate and transfer to a private lodge in Patagonia's wilderness

Eolo Patagonia

Day 32

Visit the Perito Moreno glacier and spend the day ice-trekking

Eolo Patagonia

Your trip in a nutshell

Day 33-34

Days at Leisure at Eolo Patagonia

Eolo Patagonia

Day 35

Fly El Calafate to Buenos Aires and connect with your onward departure

Travelling Responsibly

At LiNGER we firmly believe that in travel we can do more to help protect our planet.

We take our responsibilities to the environment, local communities, customers, suppliers, partners and employees very seriously and our intention is to constantly review our policies and strive to make improvements where we can.

We offer the opportunity to Give Back by partaking in a meaningful activity in an area that matters to you or where you may have a skillset.

This could be as simple as a beach clean in Sri Lanka to help protect our oceans or caring for orphaned sloths in a wildlife sanctuary in Costa Rica.

LiNGER longer on a sabbatical and devote time to teaching in a village school in Nicaragua or help with a conservation project researching plant species in the Amazon. LiNGER and Enrich Life through Travel.

Our Responsible Travel Policy can be viewed on our website:

<https://linger.co.uk/responsible-travel/>



The Nitty Gritty

Included

- Accommodation on a double/twin basis
- Daily breakfast
- Other meals as described
- Fast-track immigration service on arrival
- Local English speaking private guides
- Private transfers with air-conditioned vehicles where possible
- Entrance fees for included activities
- Private excursions

Excluded

- International flights
- Domestic flights
- Visas
- Tips / Gratuities
- Items of a personal nature - minibar, laundry, etc
- Any activity listed as optional
- Early check-in & late check-out at all hotels
- Meals and drinks where not mentioned in the itinerary
- Travel Insurance

Quotation

- From: GBP £28,343.00 per person, based on two travelling together.

Booking Terms & Conditions:

www.linger.co.uk/terms-and-conditions/

Start Planning

Our experienced team will guide you through a number of ideas based on how you would like to experience Antarctica. On a winter sabbatical or longer trip, Antarctica represents one of the ultimate bucket-list travel experiences. Consider visiting Antarctica in combination with Patagonia in Chile or Argentina. Or add a relaxing and contrasting beach stay in Brazil or the wine region in Uruguay.

Contact

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Financial Protection

ATOL Protected Holidays

Many of the flights and flight-inclusive holidays are financially protected by the ATOL scheme. But ATOL protection does not apply to all holiday and travel services. Please ask us to confirm what protection may apply to your booking. If you do not receive an ATOL Certificate then the booking will not be ATOL protected. If you do receive an ATOL Certificate but all the parts of your trip are not listed on it, those parts will not be ATOL protected. Please see our booking conditions for information or for more information about financial protection and the ATOL Certificate go to: www.atol.org.uk/ATOLcertificate



Travel Regulation Insolvency Protection

LiNGER Travel Ltd is a company committed to customer satisfaction and consumer financial protection. We are therefore pleased to announce that, at no extra cost to you, and in accordance with “The Package Travel and Linked Travel Arrangements Regulations 2018” all passengers booking with LiNGER Travel Ltd are fully insured for the initial deposit, and subsequently the balance of monies paid as detailed in your booking confirmation form. The policy will also include repatriation if required, arising from the cancellation or curtailment of your travel arrangements due to the insolvency of Linger Travel Ltd. This protection has been arranged by means of a Trust Account held with Protected Trust Services.

Full details regarding Financial Protection can be viewed at: <https://linger.co.uk/financial-protection/>

Full details regarding the Package Travel and Linked Travel Arrangements Regulations 2018 can be viewed at: <https://linger.co.uk/package-travel-regulations/>



Privacy Policy

LiNGER respects your privacy and is committed to protecting your personal data. This privacy notice will inform you as to how we look after your personal data when you visit our website (regardless of where you visit it from) or when you otherwise provide personal data to us via other means (such as over the telephone) and tell you about your privacy rights and how the law protects you.

Full details regarding our Privacy Policy can be viewed at: <https://linger.co.uk/privacy-policy/>



“Unrivalled, intimate knowledge of destinations way beyond the obvious, with a genuine focus on sustainability”.

Anna Guyer



Contact

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**LINGER**
ENRICHING LIFE THROUGH TRAVEL