



Signature Sabbatical Itinerary: Bosnia & Herzegovina with Montenegro

Introducing LiNGER

We are an independent travel company, specialising in tailor-made sabbatical travel and extended holidays throughout the world.

Whether you are a solo traveller on holiday, a family with children on sabbatical, friends seeking an epic break or a couple celebrating a milestone, we would be thrilled to plan your trip.

LiNGER was born out of a passion for travel and a desire to do a little more to help protect our planet. Our philosophy is to engage you in a richly authentic and contrasting travel experience which balances meaningful, active and altruistic experiences.

Our travellers LiNGER longer, travel responsibly, immerse themselves in the culture, absorb, engage and explore.

Call, e-mail or request a call-back from us. We love to talk about travel and inspire you with our knowledge.

www.LiNGER.co.uk | travel@LiNGER.co.uk

ADVENTURE



AUTHENTIC



RESPONSIBLE



EXCLUSIVE



ETHICAL



Introducing Bosnia & Herzegovina

Still relatively untouched by tourism, Bosnia & Herzegovina are as authentic and charming as they come, with oodles of natural beauty thrown in for good measure. Karst scenery sits side by side with forested mountains and bright green rivers, lakes and waterfalls, and the countryside is dotted with charming stone towns where eastern and western cultures collide, creating a fascinating mix. While its recent history is chequered with the violence of war in the 1990s, this divided country invites visitors with open arms and leaves a lasting impression of warmth.

How to Get to Bosnia and Herzegovina

Most visitors from Europe or the US arrive by air into Sarajevo International Airport, which is located 10 km away from the city center. Flights from the UK take around 3 hours. From the US, most flights take between 13-15 hours and require a stopover.

You can also reach Bosnia & Herzegovina overland from other European destinations.

When & Weather - Bosnia and Herzegovina

The climate varies from a temperate in the northern Pannonian lowlands along the Sava River and in the foothill zone, to an alpine climate in the mountain regions, and a Mediterranean climate in the coastal and lowland areas of the Herzegovina region in the south and southeast.

The best time to visit Bosnia and Herzegovina is late spring or early autumn since the weather is more welcoming with a lesser chance of rain.

Who will Bosnia and Herzegovina Appeal To?

A unique destination with fascinating history and untouched, pristine nature, is best suited to: Culture vultures - Active travellers - Nature lovers - Families - Adventure seekers - Gastronomy lovers

Accommodation

The capital, Sarajevo, offers a few good 5* hotels and in other parts of the country some family run, boutique gems can be found.

Off The Beaten Path

Climb, hike and enjoy natural rock slides in Rakitnica canyon.

Step out into the fresh mountain air and discover the peaks of Prenj, one of the most beautiful Bosnian mountain regions.

Raft on wild waters along the Neretva river - a perfect way to experience its untouched nature.

Enjoy the thrills of mountain biking in the scenic mountains of Bjelašnica.

Wildlife

The dense forests of Bosnia and Herzegovina are a natural habitat for several small mammals such as weasels, wild rabbits, squirrels, badgers and polecats.

Visit the marshlands of Hutovo Blato, a nature reserve where you can enjoy fantastic birding.

Bosnia and Herzegovina Experiences you shouldn't miss

Stroll through Mostar's Old Town and admire its famous old bridge

Enjoy kayaking at Kravice Waterfalls

Visit Bascarsija - the old town center of Sarajevo and The Sarajevo Tunnel

Hike through Bjelašnica mountain range and visit its charming villages

Introducing Montenegro

Montenegro may be small but it certainly packs a punch. Its mountainous interior is hemmed in by the turquoise waters of the Adriatic lapping at its shores, which are laden with beautiful churches, limestone cliffs and medieval stone villages. Like neighbouring Albania and Bosnia & Herzegovina, Montenegro sits on the border of east and west, making it culturally fascinating. Ornate Catholic churches sit alongside the impressive spiretts of Muslim mosques and mosaic tiled Roman villas, while years under communist rule have also left their mark. Although space is at a premium, it's still easy to find a quiet and untouched corner of this charming country, and one where you'll likely be spoiled with a riot of colours and incredible forest and mountain scenery.

How to Get to Montenegro

Although you can travel overland from neighbouring countries, most will arrive by air. It takes two hours to get to Montenegro from most European capitals. There are two international airports – Podgorica and Tivat. Alternatively, you could fly into Dubrovnik airport in Croatia, which is just 20 minutes from the Montenegrin border. From major US cities, flights take around 15 hours with 1 stop.

When & Weather - Montenegro

The climate on the coast is typically Mediterranean with hot, dry summers and moderately cold winter months.

The maximum temperatures in summer reach an average of 25 to 30 degrees Celsius. The best time to visit Montenegro is from May to September.

Who will Montenegro Appeal To?

The incredible natural landscapes, charming fishermen villages and stunning medieval towns are best suited to: Honeymooners - Active travellers - Culture vultures - Adventure seekers - Nature lovers - Families

Accommodation

Montenegro offers a wide range of different accommodation options. Choose from luxury hotels & resorts to boutique hotels and luxury 5* lodging & Villas.

Aman and One&Only are just some of the famous names with luxurious hotels in Montenegro.

Off The Beaten Path

Enjoy cycling through the wild beauty of Montenegro and its historic trails.

Discover the idyllic Bay of Kotor, National park Lovćen and Lake Skadar - a massive lake featuring islands and beautiful native animals.

Enjoy rafting, tubing, kayaking, and the unbelievable Tara River Canyon.

Wildlife

You can find over three hundred animal species in Montenegro's virgin forest, including some that are rare elsewhere. Apart from wolves, bears, chamois, doe, marten and lynx you can find otter, griffon vulture, golden eagle, peregrine falcon, hawk, tufted duck; Apollo butterfly, rocky mole, alpine shrew mouse, common Goldeneye ... There are also significant species of amphibians, snakes, lizards, and the triton - alpine newt.

Birdwatchers can observe an array of rare wetland birds congregating around Lake Skadar and near Ulcinj.

Montenegro Experiences you shouldn't miss

Explore the UNESCO World Heritage Sites of Kotor bay and the old town of Kotor

Discover abundant nature in the National Parks of Lovćen and Durmitor

Enjoy relaxing boat trips on Lake Skadar and Bay of Kotor

Visit the fortified island village of Sveti Stefan

Enjoy exhilarating rafting on the Tara River

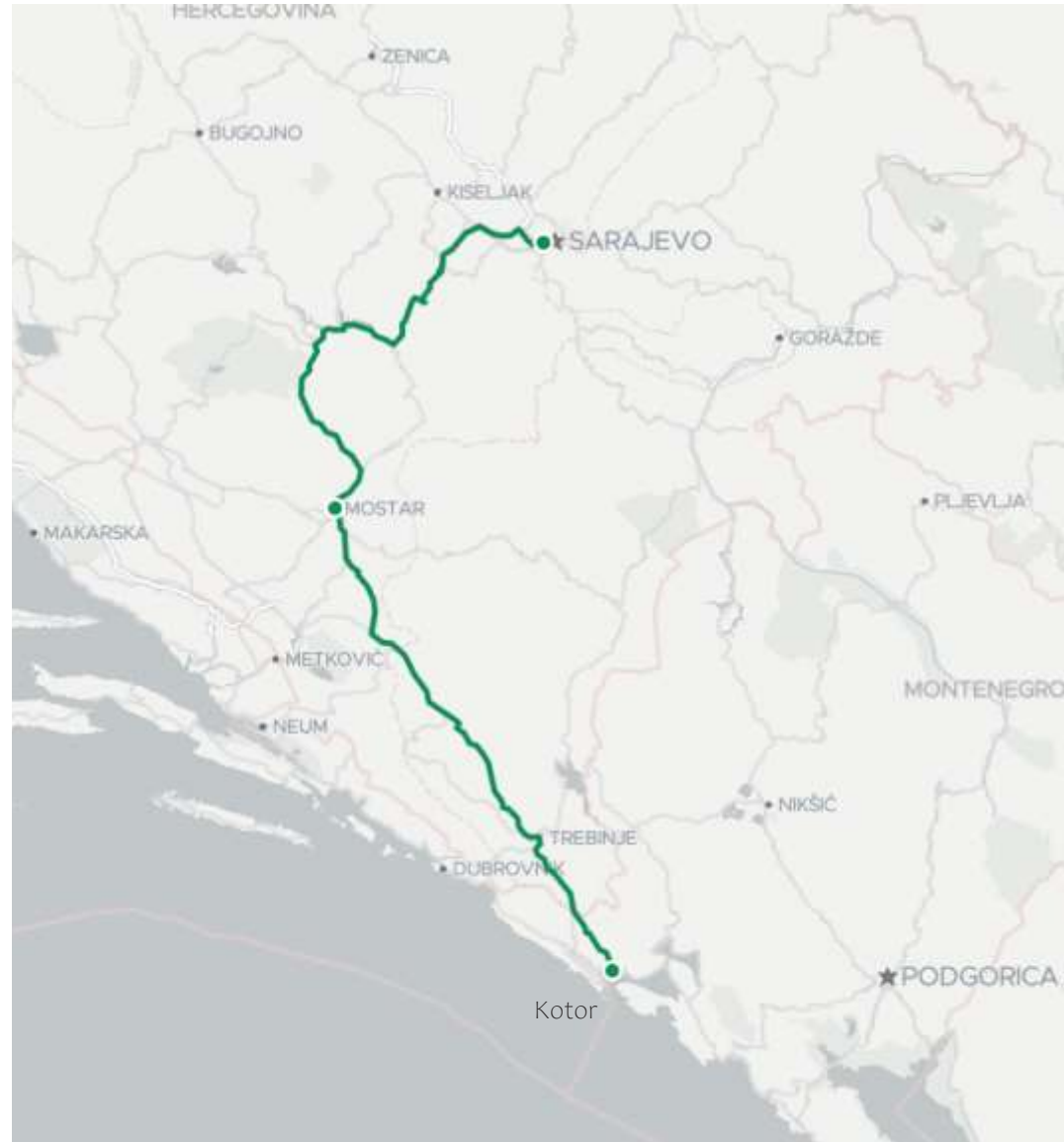
Taste delicious local delicacies such as Burek and Smoked Prosciutto



Life Experiences & Encounters in Bosnia, Herzegovina & Montenegro



Bosnia & Herzegovina to Montenegro - Journey Map



Flight Details

Day	Airline & Flight Number	Departure City	Departure	Arrival City	Arrival	Class	Baggage	Journey Time
1				SARAJEVO		TBC		
15		TIVAT				TBC		

Your trip in a nutshell

Day 1

Arrive in Sarajevo, capital of Bosnia & Herzegovina. Check in for 5 nights & spend the rest of day at leisure *Hotel Europe*

Day 2

Explore Sarajevo's historic centre & swoop to the top of Mount Trebević by cable car *Hotel Europe*

Day 3

Traditional Burek cookery class with a local chef
Hotel Europe

Day 4

Hike the valleys & forests of Bjelašnica Mountain
Hotel Europe

Day 5

Explore Sarajevo's history at the Bosniak Institute & harrowing Sarajevo Tunnel Museum. Unwind at the River Bosna Spring *Hotel Europe*

Day 6

Road transfer from Sarajevo to Mostar via the picturesque towns of Konjic & Jablanica *Hotel Almira*

Day 7

Explore Mostar's Old Town before visiting the beautiful cliffside village of Blagaj & Počitelj, famed for its oriental-style architecture *Hotel Almira*

Day 8

Hike in the Alpine wilderness of Ruište
Hotel Almira

Day 9

Drive from Mostar to the coastal town of Herceg Novi in Montenegro. Stop en route at the startling Kravica waterfalls *Lazure Hotel*

Day 10

Explore the limestone coastline of Herceg Novi, visiting scenic bays & charming historic towns *Lazure Hotel*

Day 11

Climb to the peak of Lovćen, an important historic site & explore the monastery of Cetinje *Lazure Hotel*

Day 12

Helicopter adventure & hiking in Durmitor National Park
Lazure Hotel

Day 14

Cycle along the scenic Luštica Peninsula & enjoy a local Olive Oil tasting
Lazure Hotel

Day 15

Depart Montenegro

Travelling Responsibly

At LiNGER we firmly believe that in travel we can do more to help protect our planet.

We take our responsibilities to the environment, local communities, customers, suppliers, partners and employees very seriously and our intention is to constantly review our policies and strive to make improvements where we can.

We offer the opportunity to Give Back by partaking in a meaningful activity in an area that matters to you or where you may have a skillset.

This could be as simple as a beach clean in Sri Lanka to help protect our oceans or caring for orphaned sloths in a wildlife sanctuary in Costa Rica.

LiNGER longer on a sabbatical and devote time to teaching in a village school in Nicaragua or help with a conservation project researching plant species in the Amazon. LiNGER and Enrich Life through Travel.

Our Responsible Travel Policy can be viewed on our website:

<https://linger.co.uk/responsible-travel/>



The Nitty Gritty

Included

- Accommodation on a double/twin basis
- Daily breakfast
- Other meals as described
- Fast-track immigration service on arrival
- Local English speaking private guides
- Private and shared transfers with air-conditioned vehicles
- Entrance fees for included activities
- Private and small group excursions
- Return domestic flight Punta Arenas to Antarctica

Excluded

- International flights
- Domestic flights
- Visas
- Tips / Gratuities
- Items of a personal nature - minibar, laundry, etc
- Any activity listed as optional
- Early check-in & late check-out at all hotels
- Meals and drinks where not mentioned in the itinerary
- Travel Insurance

Quotation

- From £28,184.00 per person, based on two travelling together

Booking Terms & Conditions:

www.linger.co.uk/terms-and-conditions/

Start Planning

Our experienced team will guide you through a number of ideas based on how you would like to experience Antarctica. On a winter sabbatical or longer trip, Antarctica represents one of the ultimate bucket-list travel experiences. Consider visiting Antarctica in combination with Patagonia in Chile or Argentina. Or add a relaxing and contrasting beach stay in Brazil or the wine region in Uruguay.

Contact

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Financial Protection

ATOL Protected Holidays

Many of the flights and flight-inclusive holidays are financially protected by the ATOL scheme. But ATOL protection does not apply to all holiday and travel services. Please ask us to confirm what protection may apply to your booking. If you do not receive an ATOL Certificate then the booking will not be ATOL protected. If you do receive an ATOL Certificate but all the parts of your trip are not listed on it, those parts will not be ATOL protected. Please see our booking conditions for information or for more information about financial protection and the ATOL Certificate go to: www.atol.org.uk/ATOLcertificate

Travel Regulation Insolvency Protection

LiNGER Travel Ltd is a company committed to customer satisfaction and consumer financial protection. We are therefore pleased to announce that, at no extra cost to you, and in accordance with “The Package Travel and Linked Travel Arrangements Regulations 2018” all passengers booking with LiNGER Travel Ltd are fully insured for the initial deposit, and subsequently the balance of monies paid as detailed in your booking confirmation form. The policy will also include repatriation if required, arising from the cancellation or curtailment of your travel arrangements due to the insolvency of Linger Travel Ltd. This protection has been arranged by means of a Trust Account held with Protected Trust Services.

Full details regarding Financial Protection can be viewed at: <https://linger.co.uk/financial-protection/>

Full details regarding the Package Travel and Linked Travel Arrangements Regulations 2018 can be viewed at: <https://linger.co.uk/package-travel-regulations/>

Privacy Policy

LiNGER respects your privacy and is committed to protecting your personal data. This privacy notice will inform you as to how we look after your personal data when you visit our website (regardless of where you visit it from) or when you otherwise provide personal data to us via other means (such as over the telephone) and tell you about your privacy rights and how the law protects you.

Full details regarding our Privacy Policy can be viewed at: <https://linger.co.uk/privacy-policy/>



“Unrivalled, intimate knowledge of destinations way beyond the obvious, with a genuine focus on sustainability”.

Anna Guyer



Contact

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**LINGER**
ENRICHING LIFE THROUGH TRAVEL