



Signature Sabbatical Itinerary: Cambodia

# Introducing LiNGER

We are an independent travel company, specialising in tailor-made sabbatical travel and extended holidays throughout the world.

Whether you are a solo traveller on holiday, a family with children on sabbatical, friends seeking an epic break or a couple celebrating a milestone, we would be thrilled to plan your trip.

LiNGER was born out of a passion for travel and a desire to do a little more to help protect our planet. Our philosophy is to engage you in a richly authentic and contrasting travel experience which balances meaningful, active and altruistic experiences.

Our travellers LiNGER longer, travel responsibly, immerse themselves in the culture, absorb, engage and explore.

Call, e-mail or request a call-back from us. We love to talk about travel and inspire you with our knowledge.

[www.LiNGER.co.uk](http://www.LiNGER.co.uk) | [travel@LiNGER.co.uk](mailto:travel@LiNGER.co.uk)

ADVENTURE



AUTHENTIC



RESPONSIBLE



EXCLUSIVE



ETHICAL



# Introducing Cambodia

Cambodia is a country full of optimism. Tourist numbers are growing but travel here is still a fascinating adventure. The incomparable Angkor Wat is the star attraction, a sprawling UNESCO site of 12th century temple complexes, which date back to the Khmer Empire. But Cambodia is also becoming known for its idyllic – and often empty – beaches and the flooded forests and floating villages of Tonle Sap Lake. Phnom Penh is a huge draw too, with its Art-Deco market, glittering royal palace and excellent though harrowing Khmer Rouge museums. This is a country for slow travel; the more you immerse yourself in the culture and beauty of this extraordinary place, the more rewarding your trip will be.

## How to Get to Cambodia

You can travel overland from neighbouring countries Laos, Thailand and Vietnam. If you're flying in, you'll likely fly to Phnom Penh, Siem Reap or Sihanoukville.

There are no direct flights from Europe or the US, so you'll need to make at least one change. A typical total flight time from the UK is 13-15 hours.

Once here, you can hop around by plane, private transfers or take luxury coaches between the main tourist hubs.

Boats run between Phnom Penh and Siem Reap, up and down the Mekong, and between Sihanoukville and Koh Rang.

## When & Weather – Cambodia

Cambodia's climate is tropical, hot all year round with 2 distinct seasons: dry (October to April) and wet (May to September). Tourist numbers peak in March and April, but Angkor Wat is spectacular in the rainy season, with its moats full of water and far fewer tourists. It's also a perfect time to visit Tonle Sap Lake. Temperatures range between 21°C (31°F) and 25°C (34°F).

## Who will Cambodia Appeal To?

Culture lovers, who will be mesmerised by the grand Khmer Kingdom, Tonle Sap's floating villages and the country's tragic history. In particular, it's suited to:

**Culture lovers, active travellers, keen photographers, solo travellers, history buffs**

## Accommodation

We can arrange stays in 5-star luxury hotels, tranquil rural lodges, boutique guesthouses, independent beach retreats and friendly small family-owned properties.

## Off The Beaten Path

Enter Angkor Wat through the back gate and explore the lesser-visited temples. Or float above the complex on a hot-air balloon. Head to remote Koh Ker, 120km from Siem Reap, and visit Prasat Thom, an ancient royal temple with a remarkable pyramid structure

Laze on white-sand beaches and snorkel over colourful coral reefs in the azure waters surrounding the Koh Rong archipelago

## Wildlife

- See critically endangered Irrawaddy dolphins near Kratie in the Laos border area. It is estimated there are only 75-85 of these remaining in the world
- Wild elephants can be seen in Mondulkiri, one of Southeast Asia's last remaining elephant corridors. Silver langur monkeys and giant ibis live here too
- Koh Rong's mangrove forests provide shelter for kingfishers and hornbills

## Cambodia Experiences you shouldn't miss:

- Seeing the sunrise or sunset over the 12th Century temples of Angkor Wat
- Visiting the floating villages of Tonle Sap Lake
- Eating exotic street food – spiced frog or deep-fried tarantula, anyone?
- Shopping for traditional Khmer handicrafts at Siem Reap markets

## Giving back

Cambodia remains one of the most heavily mined countries in the world following decade of brutal conflict. The Cambodia Landmine Museum and Relief Centre exist to educate people about the danger of landmines and support those who have been injured. Donations can be made at [The Landmine Relief Fund](#) website.



## Life Experiences & Encounters in Cambodia



# Cambodia - Journey Map



# Flight Details

Day	Airline & Flight Number	Departure City	Departure Time	Arrival City	Arrival Time	Class	Baggage Allowance	Journey Time
1	TBC	TBC	TBC	PHNOM PENH	TBC	TBC	TBC	TBC
29	TBC	PHNOM PENH	TBC	TBC	TBC	TBC	TBC	TBC

# Your trip in a nutshell

## Day 1

Meet and greet at the airport in Phnom Penh and transfer to your hotel. Enjoy a rickshaw ride around the city. *Palace Gate Hotel & Resort*

## Day 2

Pay your respects at the Tuol Sleng Genocide Museum and Killing Fields, before a sunset river cruise on the Mekong. *Palace Gate Hotel & Resort*

## Day 3

Visit The Royal Palace & National Museum. Finish with a browse and tasting at Central Market. *Palace Gate Hotel & Resort*

## Day 4

Travel by road from Phnom Penh to the mellow riverside town of Kratie. *Soriyabori Villas Resort*

## Day 5

Morning kayaking along the Mekong River in search of the rare Irrawaddy dolphins.

## Day 6

Experience life on a Mekong River island. Enjoy a horse and cart ride and give back by planting trees. *Soriyabori Villas Resort*

## Day 7

Travel by ferry and car to your hideaway on the Siem Reap river, stopping at a silk farm en route. *Jaya House River Park*

## Day 8

Full day exploring the Temples of Angkor. *Jaya House River Park*

## Day 9

Visit Cambodia's most sacred mountain, Phnom Kulen. *Jaya House River Park*

## Day 10

Visit Tonle Sap Lake and Apopo Visitor Centre to learn about the 'hero rats' which detect landmines. *Jaya House River Park*

## Day 11

Transfer to Banteay Chhmar to view the UNESCO temple and overnight in a traditional homestay. *Homestay, Banteay Chhmar*

## Day 12

Experience life in a typical Cambodian village. *Homestay, Banteay Chhmar*

## Day 13

Head to the charming town of Battambang today by kuyon and car, enjoying the scenery on the way. *Maisons Wat Kor*

## Day 14

Explore the beautiful Battambang countryside by bicycle and visit the Killing Caves of Phnom Sampeau. *Maisons Wat Kor*

## Day 15

Spend the morning cooking with a local Khmer family, with an afternoon bamboo train ride and evening circus experience. *Maisons Wat Kor*

## Day 16

Drive from Battambang to Kompong Chhang. *Farmhouse Resort & Spa*

## Day 17

Visit Anlung Svay Waterfall for a wild swim, and spend the afternoon relaxing at the Resort. *Farmhouse Resort & Spa*

## Day 18

Drive into the remote Cardamom Mountains and enjoy a boat ride down the River to your Tented Camp. *Cardamom Tented Camp*

## Day 19

Explore the wildlife of Botum Sakor National Park, whilst learning about the conservation efforts of the Wildlife Alliance Rangers. *Cardamom Tented Camp*

## Day 20

Spend the day enjoying the natural delights of the region at your own pace. *Cardamom Tented Camp*

# Your trip in a nutshell

## Day 21

Head south by boat and road to Sihanoukville to catch the speedboat to the island of Koh Rong. *The Royal Sands Koh Rong*

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## Day 22-25

Days at leisure to relax and enjoy the white sand beach of your resort. *The Royal Sands Koh Rong*

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## Day 26

Travel by boat and road to the sleepy riverside town of Kampot, known for its French colonial architecture. *The Columns*

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## Day 27

Stand-Up Paddleboarding on the Kampot River and Scenic River Cruise. *The Columns*

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## Day 28

Explore the surrounding countryside with a visit to Kep. *The Columns*

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## Day 29

After a leisurely morning, transfer to Phnom Penh Airport for your departure flight home

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# The Nitty Gritty

## Included

- Accommodation on a double/twin basis
- Daily breakfast
- Other meals as described
- Fast-track immigration service on arrival
- Local English speaking private guides
- Private and shared transfers with air-conditioned vehicles
- Entrance fees for included activities
- Private and small group excursions

## Excluded

- International flights
- Domestic flights
- Visas
- Tips / Gratuities
- Items of a personal nature - minibar, laundry, etc
- Any activity listed as optional
- Early check-in & late check-out at all hotels
- Meals and drinks where not mentioned in the itinerary
- Travel Insurance

## Quotation

- From GBP £15,327.00 per person, based on two travelling together.

## Booking Terms & Conditions:

[www.linger.co.uk/terms-and-conditions/](http://www.linger.co.uk/terms-and-conditions/)

## Start Planning

Our experienced team will guide you through a number of ideas based on how you would like to experience Cambodia.

No matter how long you wish to travel, we'll guide you through the planning process to ensure a trip is carefully pieced together to suit your interests, pace of travel and budget.

## Contact

Email: [Travel@linger.co.uk](mailto:Travel@linger.co.uk)

Telephone: +44 (0) 207 039 9240

## Travelling Responsibly

At LiNGER we firmly believe that in travel we can do more to help protect our planet.

We take our responsibilities to the environment, local communities, customers, suppliers, partners and employees very seriously and our intention is to constantly review our policies and strive to make improvements where we can.

We offer the opportunity to Give Back by partaking in a meaningful activity in an area that matters to you or where you may have a skillset.

This could be as simple as a beach clean in Sri Lanka to help protect our oceans or caring for orphaned sloths in a wildlife sanctuary in Costa Rica.

LiNGER longer on a sabbatical and devote time to teaching in a village school in Nicaragua or help with a conservation project researching plant species in the Amazon. LiNGER and Enrich Life through Travel.

Our Responsible Travel Policy can be viewed on our website:

<https://linger.co.uk/responsible-travel/>



# Financial Protection

## ATOL Protected Holidays

Many of the flights and flight-inclusive holidays are financially protected by the ATOL scheme. But ATOL protection does not apply to all holiday and travel services. Please ask us to confirm what protection may apply to your booking. If you do not receive an ATOL Certificate then the booking will not be ATOL protected. If you do receive an ATOL Certificate but all the parts of your trip are not listed on it, those parts will not be ATOL protected. Please see our booking conditions for information or for more information about financial protection and the ATOL Certificate go to: [www.atol.org.uk/ATOLcertificate](http://www.atol.org.uk/ATOLcertificate)



## Travel Regulation Insolvency Protection

LiNGER Travel Ltd is a company committed to customer satisfaction and consumer financial protection. We are therefore pleased to announce that, at no extra cost to you, and in accordance with “The Package Travel and Linked Travel Arrangements Regulations 2018” all passengers booking with LiNGER Travel Ltd are fully insured for the initial deposit, and subsequently the balance of monies paid as detailed in your booking confirmation form. The policy will also include repatriation if required, arising from the cancellation or curtailment of your travel arrangements due to the insolvency of Linger Travel Ltd. This insurance has been arranged by The Travel Vault in conjunction with Towergate Travel through Zurich Insurance PLC.

Full details regarding Financial Protection can be viewed at: <https://linger.co.uk/financial-protection/>

Full details regarding the Package Travel and Linked Travel Arrangements Regulations 2018 can be viewed at: <https://linger.co.uk/package-travel-regulations/>



## Privacy Policy

LiNGER respects your privacy and is committed to protecting your personal data. This privacy notice will inform you as to how we look after your personal data when you visit our website (regardless of where you visit it from) or when you otherwise provide personal data to us via other means (such as over the telephone) and tell you about your privacy rights and how the law protects you.

Full details regarding our Privacy Policy can be viewed at: <https://linger.co.uk/privacy-policy/>



“Unrivalled, intimate knowledge of destinations way beyond the obvious, with a genuine focus on sustainability”.

*Anna Guyer*



Contact

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