



Signature Sabbatical Itinerary: Epic Peru

# Introducing LiNGER

We are an independent travel company, specialising in tailor-made sabbatical travel and extended holidays throughout the world.

Whether you are a solo traveller on holiday, a family with children on sabbatical, friends seeking an epic break or a couple celebrating a milestone, we would be thrilled to plan your trip.

LiNGER was born out of a passion for travel and a desire to do a little more to help protect our planet. Our philosophy is to engage you in a richly authentic and contrasting travel experience which balances meaningful, active and altruistic experiences.

Our travellers LiNGER longer, travel responsibly, immerse themselves in the culture, absorb, engage and explore.

Call, e-mail or request a call-back from us. We love to talk about travel and inspire you with our knowledge.

[www.LiNGER.co.uk](http://www.LiNGER.co.uk) | [travel@LiNGER.co.uk](mailto:travel@LiNGER.co.uk)

ADVENTURE



AUTHENTIC



RESPONSIBLE



EXCLUSIVE



ETHICAL



# Introducing Peru

Strong Andean culture, rich history and incredible landscapes are just the tip of the iceberg when it comes to Peru. This proud South American country is vast, spanning from the Amazon Rainforest and the mighty Andes mountains to the rugged Pacific coast. Dig under the surface and discover remote tribes, ancient languages, and unique celebrations, along with the iconic sites like Machu Picchu that draw in so many visitors - and with good reason.

The fact that over 4,000 varieties of potatoes grow in Peru and over 90 languages are spoken across the country offers just a glimpse into how diverse it really is. Beyond Machu Picchu and the Inca heartland of Cusco and the Sacred Valley, there is much to be explored. Enjoy world-class gastronomy in Lima, head off the beaten track in northern Peru and uncover the pre-Inca cultures of the Moche, Chimú, and Chachapoya people, delve deep into the coastal desert, enjoy adventures in the dunes and visit huge colonies of marine life, trek to snow-capped peaks and along ancient Inca Trails in the Andes and venture into the heart of the Amazon Rainforest, spotting sloths, monkeys and pink river dolphins. Whatever your age, Peru is guaranteed to deliver countless opportunities for adventure and discovery.

## How to Get to Peru

You can travel overland from Chile, Bolivia, Brazil, Colombia or Ecuador. If you arrive by plane from overseas, you'll fly into Lima's Jorge Chávez airport. Flight time from the UK is approx. 20 hours, often via Europe or the US, though British Airways fly direct in peak season. If you're coming from the US, you can fly direct (5-10 hours).

From Lima you can take hopper flights to Arequipa, Cusco, and other major tourist hubs. Distances are vast but you can also travel overland by luxury coach, local buses or train, all of which allow you to soak up the spectacular scenery as you go.

## When & Weather – Peru

There are 3 climate zones in Peru due to the extreme differences in altitude. The

weather can span blazing sun on the coast, steamy humidity in the jungle and snow in the mountains, all at the same time. The most popular time to visit is May-October. Winter (June to September) is the best time to hike the Inca Trail, with sunny weather and fantastic visibility, and to visit the Amazon Basin to see wildlife. Temperatures range between -7°C (19°F) and 26°C (80°F).

## Who will Peru Appeal To?

The country's stunning natural landscapes, archaeological ruins and rich culture are best suited to: Active travellers - Solo travellers - Culture lovers - Botanists - Wildlife lovers - Photographers

## Accommodation

We work with colonial city hotels, simple homestays, colourful B&Bs, eco jungle hotels and comfortable mountain lodges in the Andes.

## Off The Beaten Path

Go climbing in the rugged Huaraz region, or hike past glacial lakes.

Ride a cable car across a ravine to Kuelap, land of the cloud people.

Visit Chan Chan ruins, an archaeological wonder of Northern Peru.

## Wildlife

Llama and alpaca wander the high Andean plateau; don't get too close, they spit!

The Amazon Basin is the world's most biologically diverse region. In it are puma, Andean spectacled bears, anacondas, harpy eagles, tapir, and the elusive jaguar.

Majestic condor soar over the Colca Canyon.

## Peru Experiences you shouldn't miss

Hike the iconic Inca Trail to Machu Picchu, an awe-inspiring 15thC citadel

Wander the cobbled, colonial streets of Cuzco and Arequipa

Tuck into a traditional Pachamanca for lunch in the Sacred Valley



## Life Experiences & Encounters in Peru



# Peru - Journey Map



# Flight Details

| Day | Airline & Flight Number | Departure City   | Departure Time | Arrival City | Arrival Time | Class   | Baggage Allowance | Journey Time |
|-----|-------------------------|------------------|----------------|--------------|--------------|---------|-------------------|--------------|
| 1   |                         |                  |                | LIMA         |              | TBC     |                   |              |
| 46  |                         | PUERTO MALDONADO |                | LIMA         |              | ECONOMY |                   | 1 HR 32 MINS |
| 67  |                         | CHACHAPOYAS      |                | LIMA         |              | ECONOMY |                   | 1 HR 6 MINS  |
| 67  |                         | LIMA             |                | TALARA       |              | ECONOMY |                   | 1 HR 45 MINS |
| 72  |                         | TALARA           |                | LIMA         |              | ECONOMY |                   | 1 HR 32 MINS |
| 72  |                         | LIMA             |                |              |              | TBC     |                   |              |

# Your trip in a nutshell

## Day 1

Arrive in Lima, Peru's capital. Transfer to your hotel for a 3-night stay in the trendy Barranco neighbourhood *Villa Barranco*

## Day 2

Explore Lima's historic centre & discover grand and beautiful architecture from the colonial era *Villa Barranco*

## Day 3

Hands-on culinary experience with a local chef *Villa Barranco*

## Day 4

Travel to Paracas on Peru's desert coast. Enjoy a 4x4 desert adventure with a sunset dinner *Hotel Paracas, A Luxury Collection Resort*

## Day 5

Private sailing experience around the wildlife-rich Ballestas Islands *Hotel Paracas, A Luxury Collection Resort*

## Day 6

Day at leisure in Paracas to enjoy the hotel facilities *Hotel Paracas, A Luxury Collection Resort*

## Day 7

Travel to the vineyards of Ica, crossing the deserts & beaches of Paracas National Reserve *Hotel Viñas Queirolo*

## Day 8

Explore the deserts of Ica accompanied by a palaeontologist. Return to the vineyard for a sunset glass of wine *Hotel Viñas Queirolo*

## Day 9

Drive to Nazca. Visit a historic aqueduct, the fascinating Antonini Museum & the Nazca Planetarium *Hotel Nazca Lines*

## Day 10

Optional flight over the Nazca Lines. Road transfer to Puerto Inca on the coast, passing olive groves & rugged desert scenery *Hotel Puerto Inca*

## Day 11

Explore archaeological complexes on the way to Corire *Hotel Puerto Picardo*

## Day 12

Scenic drive from the low coastal valleys to Peru's southern Andes *Hotel Parador de Andagua*

## Day 13

Hike to the pre-Inca settlement of Antaymarca. Continue to Ayo by road, admiring the surrounding volcanoes *Family House*

## Day 14

Hike to Mamacocha Lake, visit an otter colony & stop to admire soaring Andean condors. Continue to Yanque in the Colca Canyon *Colca Lodge*

## Day 15

Day at leisure to enjoy the hot springs & other facilities at Colca Lodge *Colca Lodge*

## Day 16

Hike through the Colca Canyon from Coporaque to Yanque. Afternoon visit to a local project *Colca Lodge*

## Day 17

Hike quiet cliffside trails & through farming communities from Canocota to La Calera *Colca Lodge*

## Day 18

Drive across the barren altiplano to the beautiful city of Arequipa, visiting an alpaca breeder en route *La Hosteria de Arequipa*

## Day 19 - 21

Days at leisure to relax & explore Arequipa's cultural attractions *La Hosteria de Arequipa*

## Day 22

Visit the archaeological site of Sillustani & cross the high Andean plateau to Puno, a town on the shores of Lake Titicaca *Casa Andina Premium Puno*

# Your trip in a nutshell

## Day 23

Travel from Puno to Isla Suasi by boat & enjoy activities on the lake  
*Isla Suasi Hotel*

## Day 24 - 25

Activities on Lake Titicaca, exploring the unique islands  
*Isla Suasi Hotel*

## Day 26

Return to Puno by boat & day at leisure  
*Casa Andina Premium Puno*

## Day 27

Long but interesting drive from Puno to the Sacred Valley, Peru's Inca heartland  
*El Albergue de Ollantaytambo*

## Day 28

Explore Ollantaytambo Inca ruins & experience a traditional Pachamanca lunch  
*El Albergue de Ollantaytambo*

## Day 29

Hike through the Sacred Valley & explore Chinchero, the agricultural terraces of Moray & the salt mines of Maras  
*El Albergue de Ollantaytambo*

## Day 30

Visit a traditional Andean community & enjoy a gentle hike through the valley  
*El Albergue de Ollantaytambo*

## Day 31

Hike the final section of the iconic Inca Trail to Machu Picchu  
*Inkaterra Machu Picchu Pueblo*

## Day 32

Return to Machu Picchu to explore the ruins & hike up Machu Picchu Mountain for incredible views  
*Inkaterra Machu Picchu Pueblo*

## Day 33

Morning at leisure in Aguas Calientes. Travel to the colonial city of Cusco by train & road  
*Antigua Casona San Blas*

## Day 34

Discover Inca ruins & colonial highlights of Cusco as you explore its cobbled streets  
*Antigua Casona San Blas*

## Day 35

2-night/3-day Apurimac Canyon white-water rafting expedition with riverside camping  
*Overnight Camp*

## Day 36

2-night/3-day Apurimac Canyon white-water rafting expedition with riverside camping  
*Overnight Camp*

## Day 37

Finish your white water adventure & return to Cusco by road  
*Antigua Casona San Blas*

## Day 38

Day at leisure to explore more of Cusco's highlights  
*Antigua Casona San Blas*

## Day 39

Scenic drive through the Vilcanota Mountains to the cloudforests on the banks of the Araza River. Night walk through the forest  
*Kuporo Lodge*

## Day 40

Hike through the forest & look out for the region's diverse birdlife  
*Kuporo Lodge*

## Day 41

Fly-fishing on the Araza River  
*Kuporo Lodge*

## Day 42

Drive through the rainforest to Puerto Maldonado, gateway to adventures deep in the Amazon Rainforest  
*Hotel Enai*

## Day 43

Boat & road journey to your lodge deep in the Amazon Rainforest. Afternoon walk through the jungle in search of wildlife  
*Tambopata Research Center*



# Your trip in a nutshell

## Day 44

Observe brightly coloured macaws feeding & walk jungle trails in search of different monkey species *Tambopata Research Center*

## Day 45

Embark on a challenging rainforest hike & relax with a sunset river cruise *Tambopata Research Center*

## Day 46

Return to Puerto Maldonado by boat & road, in time for your flight to Lima *Villa Barranco*

## Day 47

Drive north along the desert coast to Caral, the ruins of the oldest city in the Americas *Empedrada Ranch & Lodge*

## Day 48

Scenic drive from the deserts of Caral to Chavin in the central Andes *Hotel San Marco*

## Day 49

Visit the archaeological site of Chavin de Huantar & continue to the mountain town of Huaraz *The Lazy Dog Inn*

## Day 50

Hike the challenging trail to Churup Lake *The Lazy Dog Inn*

## Day 51

Choice of full-day hikes from Huaraz, either through Llaca Ravine or Cojup Valley *The Lazy Dog Inn*

## Day 52

Drive to laidback Carhuaz, stopping to admire the bright blue waters of Llanganuco Lake *Casa de Pocha*

## Day 53

Day at Leisure in the mountains surrounding Carhuaz *Casa de Pocha*

## Day 54

Drive from the mountains to the desert town of Trujillo *Costa del Sol Trujillo Centro*

## Day 55

Explore the most impressive of Trujillo's ruins before driving to Chicama on the coast. Afternoon at leisure *Chicama Boutique Hotel*

## Day 56

Visit the archaeological complex of Huaca el Brujo & the Lady of Cao Museum, which houses a well-preserved mummy *Chicama Boutique Hotel*

## Day 57

Day at leisure on the beaches of Chicama *Chicama Boutique Hotel*

## Day 58

Drive to Chiclayo, stopping at the archaeological complex of Huaca Rajada *Casa Andina Select Chiclayo*

## Day 59

Explore the archaeological sites of Tucume & Huaca las Balsas before visiting the impressive Royal Tombs Museum *Casa Andina Select Chiclayo*

## Day 60

Travel by road to the charming city of Cajamarca, stopping at Kuntur Wasi archaeological site *Costa del Sol Wyndham Cajamarca*

## Day 61

Historic highlights of Cajamarca city. Visit to the ruins of Cumbemayo, surrounded by unique geological formations *Costa del Sol Wyndham Cajamarca*

## Day 62

Spectacular full-day drive to Leymebamba in the Utcubamba Valley *Kentitambo - The Hummingbird Inn*

## Day 63

Visit the world's most impressive collection of Chachapoya artefacts at the Leymebamba Museum *Kentitambo - The Hummingbird Inn*

# Your trip in a nutshell

## Day 64

Hike to the mausoleums of Revash, built up on the cliffside  
*Kentitambo - The Hummingbird Inn*

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## Day 65

Drive to Cocachimba in the north of the valley, exploring the well-preserved ruins of Kuelap on the way  
*Gocta Andes Lodge*

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## Day 66

Hike through the cloudforest to Gocta Falls  
*Gocta Andes Lodge*

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## Day 67

Transfer to Chachapoyas and fly to Talara, continuing by road to the Pacific beaches of Mancora  
*Villas del Mar*

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## Day 68 - 71

Days at leisure to relax, surf and enjoy the beach  
*Villas del Mar*

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## Day 72

Transfer to the airport and fly to Lima, connecting with your international flight

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## Travelling Responsibly

At LiNGER we firmly believe that in travel we can do more to help protect our planet.

We take our responsibilities to the environment, local communities, customers, suppliers, partners and employees very seriously and our intention is to constantly review our policies and strive to make improvements where we can.

We offer the opportunity to Give Back by partaking in a meaningful activity in an area that matters to you or where you may have a skillset.

This could be as simple as a beach clean in Sri Lanka to help protect our oceans or caring for orphaned sloths in a wildlife sanctuary in Costa Rica.

LiNGER longer on a sabbatical and devote time to teaching in a village school in Nicaragua or help with a conservation project researching plant species in the Amazon. LiNGER and Enrich Life through Travel.

Our Responsible Travel Policy can be viewed on our website:

<https://linger.co.uk/responsible-travel/>



# The Nitty Gritty

## Included

- Accommodation on a double/twin basis
- Daily breakfast
- Other meals as described
- Local English speaking private guides
- Private and shared transfers with air-conditioned vehicles
- Entrance fees for included activities
- Private and small group excursions

## Excluded

- International flights
- Domestic flights
- Visas
- Tips / Gratuities
- Items of a personal nature - minibar, laundry, etc
- Any activity listed as optional
- Early check-in & late check-out at all hotels
- Meals and drinks where not mentioned in the itinerary
- Travel Insurance

## Quotation

- From GBP £35,276.00 per person, based on two travelling together

## Booking Terms & Conditions:

[www.linger.co.uk/terms-and-conditions/](http://www.linger.co.uk/terms-and-conditions/)

## Start Planning

Our experienced team will guide you through a number of ideas based on how you would like to experience Peru.

No matter how long you have to travel, we'll guide you through the planning process to ensure a trip is carefully pieced together to suit your interests, pace of travel and budget.

## Contact

Email: [Travel@linger.co.uk](mailto:Travel@linger.co.uk)

Telephone: +44 (0) 207 039 9240

# Financial Protection

## ATOL Protected Holidays

Many of the flights and flight-inclusive holidays are financially protected by the ATOL scheme. But ATOL protection does not apply to all holiday and travel services. Please ask us to confirm what protection may apply to your booking. If you do not receive an ATOL Certificate then the booking will not be ATOL protected. If you do receive an ATOL Certificate but all the parts of your trip are not listed on it, those parts will not be ATOL protected. Please see our booking conditions for information or for more information about financial protection and the ATOL Certificate go to: [www.atol.org.uk/ATOLcertificate](http://www.atol.org.uk/ATOLcertificate)



## Travel Regulation Insolvency Protection

LiNGER Travel Ltd is a company committed to customer satisfaction and consumer financial protection. We are therefore pleased to announce that, at no extra cost to you, and in accordance with “The Package Travel and Linked Travel Arrangements Regulations 2018” all passengers booking with LiNGER Travel Ltd are fully insured for the initial deposit, and subsequently the balance of monies paid as detailed in your booking confirmation form. The policy will also include repatriation if required, arising from the cancellation or curtailment of your travel arrangements due to the insolvency of Linger Travel Ltd. This protection has been arranged by means of a Trust Account held with Protected Trust Services.

Full details regarding Financial Protection can be viewed at: <https://linger.co.uk/financial-protection/>

Full details regarding the Package Travel and Linked Travel Arrangements Regulations 2018 can be viewed at: <https://linger.co.uk/package-travel-regulations/>



## Privacy Policy

LiNGER respects your privacy and is committed to protecting your personal data. This privacy notice will inform you as to how we look after your personal data when you visit our website (regardless of where you visit it from) or when you otherwise provide personal data to us via other means (such as over the telephone) and tell you about your privacy rights and how the law protects you.

Full details regarding our Privacy Policy can be viewed at: <https://linger.co.uk/privacy-policy/>



“Unrivalled, intimate knowledge of destinations way beyond the obvious, with a genuine focus on sustainability”.

*Anna Guyer*



Contact

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+44 (0) 207 039 9240

**LINGER**  
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