LINGER

ENRICHING LIFE THROUGH TRAVEL

# Signature Sabbatical Itinerary: Intrepid El Salvador

# Introducing LiNGER

We are an independent travel company, specialising in tailor-made sabbatical travel and extended holidays throughout the world.

Whether you are a solo traveller on holiday, a family with children on sabbatical, friends seeking an epic break or a couple celebrating a milestone, we would be thrilled to plan your trip.

LiNGER was born out of a passion for travel and a desire to do a little more to help protect our planet. Our philosophy is to engage you in a richly authentic and contrasting travel experience which balances meaningful, active and altruistic experiences.

Our travellers LiNGER longer, travel responsibly, immerse themselves in the culture, absorb, engage and explore.

Call, e-mail or request a call-back from us. We love to talk about travel and inspire you with our knowledge.

www.LiNGER.co.uk | travel@LiNGER.co.uk

ADVENTURE

AUTHENTIC

RESPONSIBLE

EXCLUSIVE

ETHICAL

# Introducing El Salvador

A land of volcanoes, sparkling crater lakes and world-class surf breaks, El Salvador has more to offer than meets the eye. This compact Central American country is fringed by rugged Pacific beaches which remain relatively empty compared to its neighbours in Nicaragua and Costa Rica, while the inland regions are rich with coffee plantations, volcanoes and tropical forest which invite plenty of opportunities for adventure. Explore colonial cities, discover areas of raw natural beauty and get your culture fix at Mayan ruins.

**How to Get to El Salvador**

Although you can drive or bus across the border from Guatemala, many arrive by air into San Salvador. There are direct flights from major US cities (4-5 hours) Flights from Europe are generally via the US (18-22 hours). To get around, a mix of private transfer, self-drive, or long-distance buses offer you a chance to admire the scenery.

**When & Weather – El Salvador**

The weather is sunny and spring-like all year round, with temperatures changing through altitude rather than climate. It can get hot on the coast and is cooler up in the mountains. November to April is the Dry Season; May to October is Green Season, with most rain falling in September and October, mainly late afternoon downpours. The best time for surfers to visit is from April to October when you'll find the best waves. Temperatures range between 13°C (56°F) and 28°C (82°F).

**Who will El Salvador Appeal To?**

The nature and landscapes will appeal to active travellers, who equally enjoy pottering in colonial towns, with barely any other tourists in sight.

**Accommodation**

El Salvador offers a range of characterful hotels with high end options; eco lodges, rural ranches, beach cabanas and simple homestays in remote villages.

**Off The Beaten Path**

- Ride on horseback to Guazapa, accompanied by an ex-guerilla guide and visit important sites from El Salvador's civil war.
- Pay a visit to a playful colony of spider monkeys at Hacienda la Carrera.
- Try your hand at making pupusas, the most popular national snack. Create your own crafts with artisans practising the traditional art of indigo dyeing.
- Observe hawksbill turtles nesting in the Bahia de Jiquilisco (May - October)
- Witness El Salvador's vibrant birdlife in the Cerro Verde National Park - spot hummingbirds, emerald toucanets and motmots.

**El Salvador Experiences you shouldn't miss**

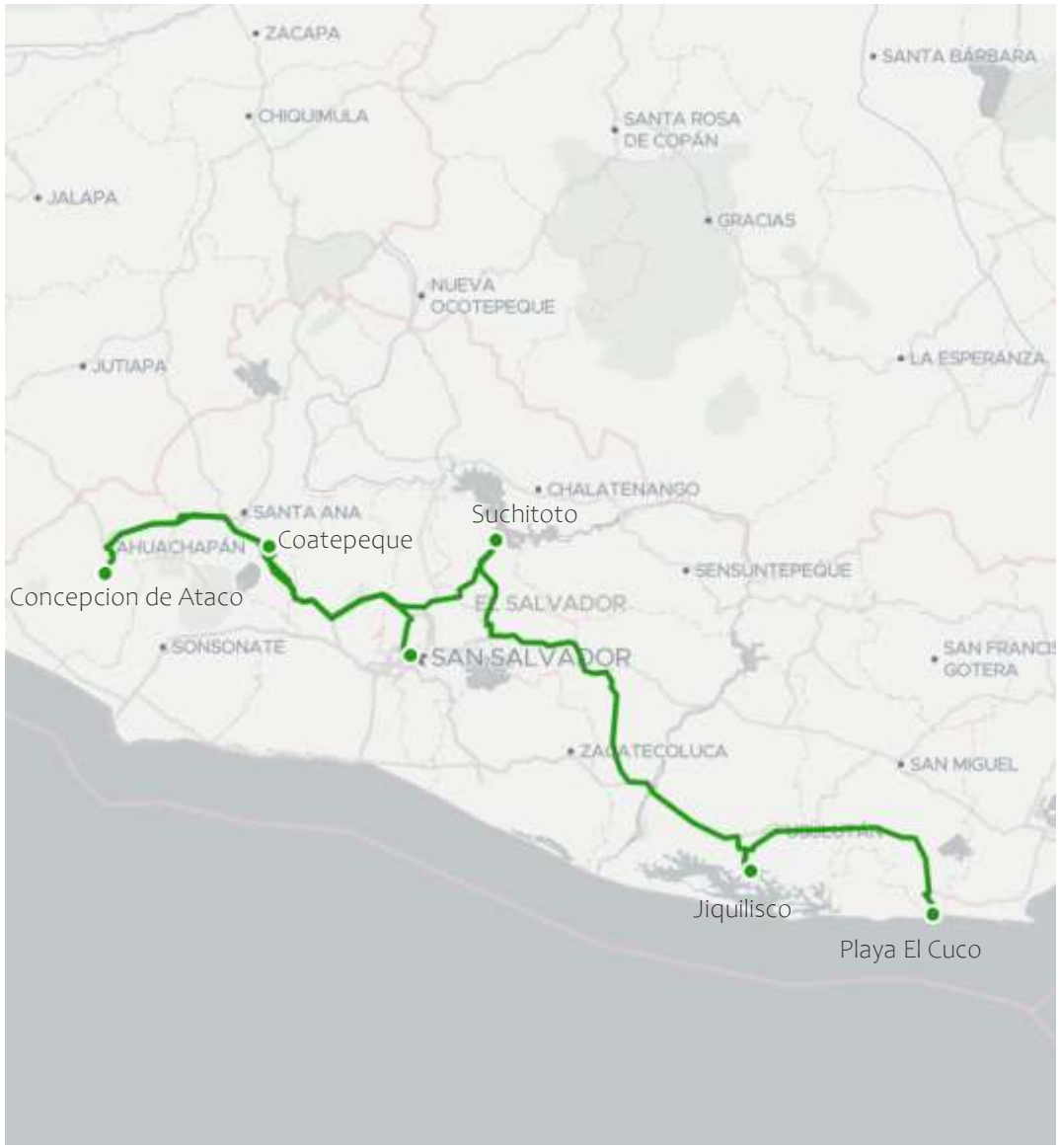
- Drive La Ruta de las Flores (Route of Flowers) through El Salvador's mountains, visiting charming rural communities and enjoying beautiful scenery.
- Step into the tropical jungle to hike to hidden waterfalls and bathe in their bracing plunge pools.
- Hike up the orchid path and through cloud forest up Santa Ana volcano for spectacular views.
- Archaeology lovers will enjoy the lava-preserved village of Joya de Ceren for an insight into El Salvador's pre-Columbian history.

**Giving back**

Get involved with turtle conservation at the ICAPO project in Bahia de Jiquilisco. ICAPO aims to rescue and preserve the local population of hawksbill and black turtles - you'll be able to get hands-on with weighing and measuring the turtles and even taking skin samples, guided by local vets and biologists.

# Life Experiences & Encounters in El Salvador

# El Salvador - Journey Map



# Flight Details

| Day | Airline & Flight Number | Departure City | Departure Time | Arrival City | Arrival Time | Class | Baggage Allowance | Journey Time |
|---|---|---|---|---|---|---|---|---|
| 1 | | | | SAN SALVADOR | | TBC | | |
| 15 | | SAN SALVADOR | | | | TBC | | |

# Your trip in a nutshell

## Day 1
Fly overnight to San Salvador, El Salvador.

## Day 2
Arrive in San Salvador & transfer to your hotel. Day at leisure to relax.
*Cardedeu, Centro Histórico, San Salvador*

## Day 3
Explore San Salvador & start the journey through the mountains of the Flower Route, stopping in the colourful town of Ataco. *Casa Degraciela*

## Day 4
Hiking & ziplining through the cloudforests surrounding Laguna Verde crater lake.
*Casa Degraciela*

## Day 5
Explore the Volcanoes National Park & hike through cloudforest to enjoy views over the blue waters of Lake Coatepeque. *Casa 1800 Cerro Verde*

## Day 6
Day at leisure to explore the incredible natural surroundings of Lake Coatepeque.
*Casa 1800 Cerro Verde*

## Day 7
Optional visit to the archaeological complex of Joya de Cerén. Continue by road to the colourful colonial town of Suchitoto. *Los Almendros de San Lorenzo*

## Day 8
Explore the historic centre of Suchitoto, enjoy a hands on Indigo dyeing workshop. Sunset drinks at Lake Suchitlan. *Los Almendros de San Lorenzo*

## Day 9
Day at leisure in Suchitoto. Optional horse riding or visits to local rural communities & hiking to the waterfalls of Los Tercios. *Los Almendros de San Lorenzo*

## Day 10
Drive from Suchitoto to Bahia de Jiquilisco biosphere reserve & help out at a turtle conservation project. *Puerto Barillas Lodge*

## Day 11
Day at leisure. Optional kayaking around the waterways of Bahia de Jiquilisco or visit the monkey community at Hacienda La Carrera. *Puerto Barillas Lodge*

## Day 12
Travel by road to the relaxed beach town of Playa El Cuco. Afternoon surf lesson.
*Hotel Los Mangos*

## Day 13 - 14
Days at leisure for surfing & relaxing in Playa El Cuco.
*Hotel Los Mangos*

## Day 15
Return to San Salvador by road & international flight home.

# Travelling Responsibly

At LiNGER we firmly believe that in travel we can do more to help protect our planet.

We take our responsibilities to the environment, local communities, customers, suppliers, partners and employees very seriously and our intention is to constantly review our policies and strive to make improvements where we can.

We offer the opportunity to Give Back by partaking in a meaningful activity in an area that matters to you or where you may have a skillset.

This could be as simple as a beach clean in Sri Lanka to help protect our oceans or caring for orphaned sloths in a wildlife sanctuary in Costa Rica.

LiNGER longer on a sabbatical and devote time to teaching in a village school in Nicaragua or help with a conservation project researching plant species in the Amazon. LiNGER and Enrich Life through Travel.

Our Responsible Travel Policy can be viewed on our website:

https://linger.co.uk/responsible-travel/

# The Nitty Gritty

## Included

- Accommodation on a double/twin basis
- Daily breakfast
- Other meals as described
- Local English speaking private guides
- Private transfers with air-conditioned vehicles
- Entrance fees for included activities
- Private excursions

## Excluded

- International flights
- Visas
- Tips / Gratuities
- Items of a personal nature - minibar, laundry, etc
- Any activity listed as optional
- Early check-in & late check-out at all hotels
- Meals and drinks where not mentioned in the itinerary
- Travel Insurance

## Quotation

- From GBP £2,993.00 per person, based on two travelling together

## Booking Terms & Conditions:

www.linger.co.uk/terms-and-conditions/

## Start Planning

Our experienced team will guide you through a number of ideas based on how you would like to experience El Salvador.

Consider visiting El Salvador in combination with Guatemala and Belize to experience more in the region as well as both Pacific and Caribbean coasts.

No matter how long you have to travel, we'll guide you through the planning process to ensure a trip is carefully pieced together to suit your interests, pace of travel and budget. Contact us to start planning a holiday or sabbatical to El Salvador.

## Contact

Email: Travel@linger.co.uk

Telephone: +44 (0) 207 039 9240

# Financial Protection

## ATOL Protected Holidays

Many of the flights and flight-inclusive holidays are financially protected by the ATOL scheme. But ATOL protection does not apply to all holiday and travel services. Please ask us to confirm what protection may apply to your booking. If you do not receive an ATOL Certificate then the booking will not be ATOL protected. If you do receive an ATOL Certificate but all the parts of your trip are not listed on it, those parts will not be ATOL protected. Please see our booking conditions for information or for more information about financial protection and the ATOL Certificate go to: www.atol.org.uk/ATOLcertificate

## Travel Regulation Insolvency Protection

LiNGER Travel Ltd is a company committed to customer satisfaction and consumer financial protection. We are therefore pleased to announce that, at no extra cost to you, and in accordance with "The Package Travel and Linked Travel Arrangements Regulations 2018" all passengers booking with LiNGER Travel Ltd are fully insured for the initial deposit, and subsequently the balance of monies paid as detailed in your booking confirmation form. The policy will also include repatriation if required, arising from the cancellation or curtailment of your travel arrangements due to the insolvency of Linger Travel Ltd. This protection has been arranged by means of a Trust Account held with Protected Trust Services.

Full details regarding Financial Protection can be viewed at: https://linger.co.uk/financial-protection/

Full details regarding the Package Travel and Linked Travel Arrangements Regulations 2018 can be viewed at: https://linger.co.uk/package-travel-regulations/

## Privacy Policy

LiNGER respects your privacy and is committed to protecting your personal data. This privacy notice will inform you as to how we look after your personal data when you visit our website (regardless of where you visit it from) or when you otherwise provide personal data to us via other means (such as over the telephone) and tell you about your privacy rights and how the law protects you.

Full details regarding our Privacy Policy can be viewed at: https://linger.co.uk/privacy-policy/

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PTS Linger Travel Ltd 5719

PTS Protected Trust SERVICES

"Unrivalled, intimate knowledge of destinations way beyond the obvious, with a genuine focus on sustainability".

*Anna Guyer*

Contact

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