LINGER

ENRICHING LIFE THROUGH TRAVEL



Signature Sabbatical Itinerary: Epic Bolivia

Introducing LiNGER

We are an independent travel company, specialising in tailor-made sabbatical travel and extended holidays throughout the world.

Whether you are a solo traveller on holiday, a family with children on sabbatical, friends seeking an epic break or a couple celebrating a milestone, we would be thrilled to plan your trip.

LiNGER was born out of a passion for travel and a desire to do a little more to help protect our planet. Our philosophy is to engage you in a richly authentic and contrasting travel experience which balances meaningful, active and altruistic experiences.

Our travellers LiNGER longer, travel responsibly, immerse themselves in the culture, absorb, engage and explore.

Call, e-mail or request a call-back from us. We love to talk about travel and inspire you with our knowledge.

www.LiNGER.co.uk | travel@LiNGER.co.uk

ADVENTURE



AUTHENTIC



RESPONSIBLE



EXCLUSIVE



ETHICAL



Introducing Bolivia

Get under the skin of Bolivia and you are sure to be charmed by its rich indigenous culture and sweeping altiplanic landscapes. This landlocked country may be smaller than most of its neighbours but it's bound to take your breath away (and not just because of the altitude). From north to south and east to west, Bolivia delights with an array of landscapes, from the Amazon rainforest and the shores of Lake Titicaca to the vast Uyuni Salt Flats and altiplanic deserts that make up the south. As you explore its highlights and other far-from-the-tourist-trail sites, we challenge you not to fall in love with Bolivia.

How to Get to Bolivia

You can travel overland from Chile, Argentina, Paraguay, Brazil and Peru as part of a longer South American itinerary.

If you arrive by plane from overseas, you'll fly into in Le Paz's El Alto airport, Sucre's Juana Azurduy de Padilla airport, Santa Cruz's Viru-Viru airport, or Cochabamba's Jorge Wilstermann airport. Flight time from the UK is approx. 12 hours, via the US. If you're coming from the US, you can fly direct from several major hubs; direct flights are approx. 9-10 hours.

There are hopper flights from the international airport to 37 domestic airports. Distances are vast so this is a popular option. Or travel overland by bus (*flotas*) or sleeper buses but be warned, the roads are generally unpaved and in terrible condition!

When & Weather – Bolivia

Bolivia's climate is very varied, due to the vast range of altitudes it covers. Simultaneously it can be equatorial in the north, tropical in the south, arid in the Altiplano and cold in the mountains. The Dry Season runs from May to October, when days are bright but nights get very cold. Rainy Season runs from November to March, and the lowlands can experience flooding.

Temperatures range between 15°C (60°F) and 27°C (80°F).

Who will Bolivia Appeal To?

The country's stunning natural landscapes, thrill-seeking activities and indigenous cultural traditions are best suited to: Active travellers - Adventure seekers - Solo travellers - Photographers - Botanists - Wildlife lovers - Culture lovers - Foodies

Accommodation

We work with a range of accommodation in Bolivia from homestays to guesthouses and from boutique hotels to glamping sites.

Off The Beaten Path

Take the cable car from La Paz up to El Alto for its bi-weekly Mercado 16 de Julio, Bolivia's largest open-air market. A fascinating blend of indigenous culture and modern life, you can buy everything from Adidas trainers to llama fetuses!

The untouched village of Chipaya is a traditional Indian community few tourists ever reach.

Go wine tasting in Tarija, home to some of the highest-altitude vineyards in the world.

Wildlife

Swim with pink river dolphin in the Amazon near Rurrenabaque.

The endangered blue-throated macaw is endemic to Bolivia. Spot it in Amboro National Park, along with 830 other bird species.

Several species of pink flamingo live on the Laguna Colorado, and breed on Salar de Uyuni every summer.

Bolivia Experiences you shouldn't miss

Camping on the Salt Flats of Uyuni; sunsets and sunrises are spectacular.

Wandering around the exuberant capital La Paz.

Cycling mountain roads to the tropics of the Yungas.



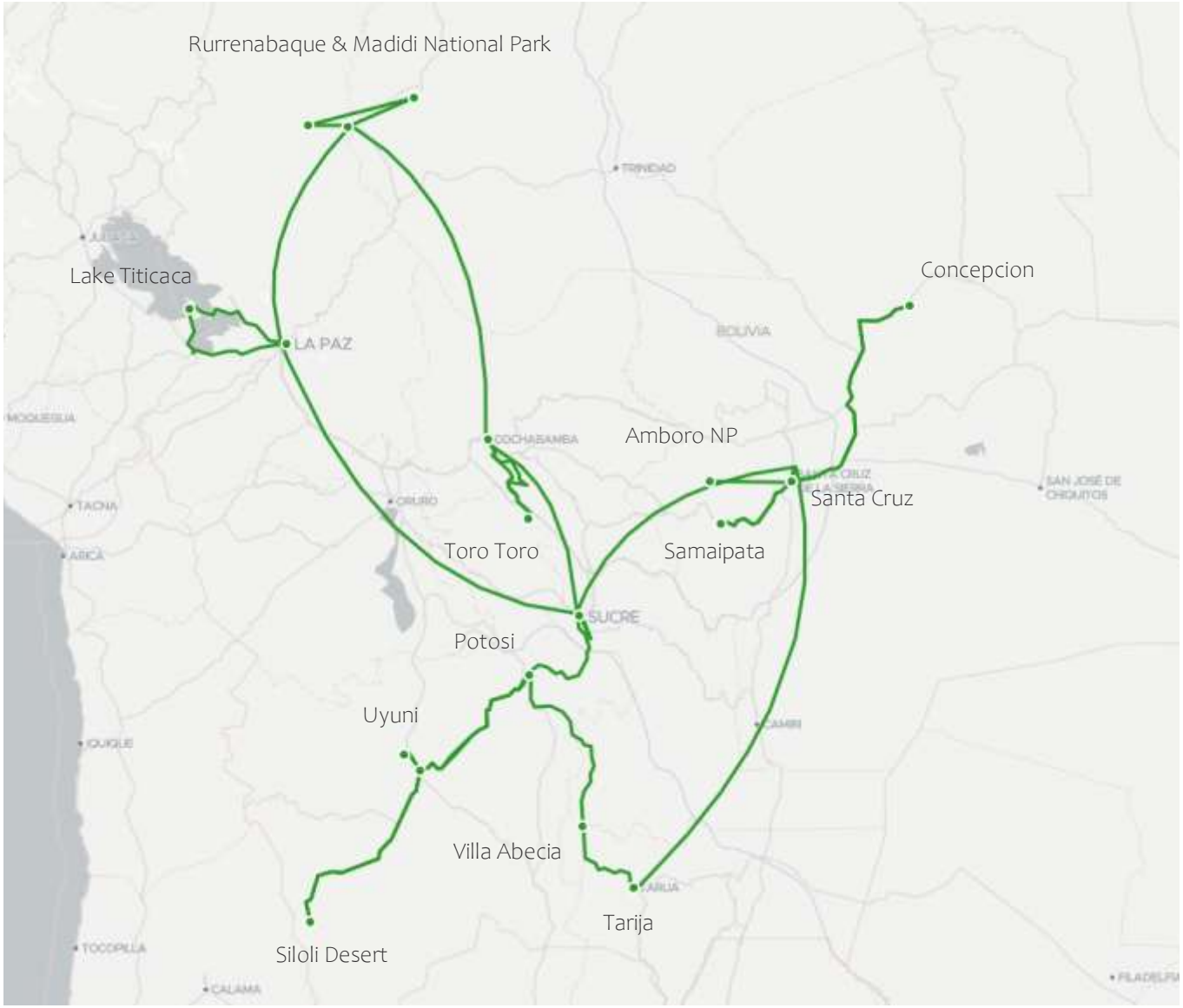


Life Experiences & Encounters in Bolivia





Bolivia - Journey Map



Flight Details

Day	Airline & Flight Number	Departure City	Departure Time	Arrival City	Arrival Time	Class	Baggage Allowance	Journey Time
1				SANTA CRUZ		TBC		
7		SANTA CRUZ		TARIJA		ECONOMY		1 HR
23		LA PAZ		RURRENABAQUE		ECONOMY		40 MINS
26		RURRENABAQUE		LA PAZ		ECONOMY		40 MINS
26		LA PAZ		COCHABAMBA		ECONOMY		45 MINS
31		COCHABAMBA		SUCRE		ECONOMY		35 MINS
33		SUCRE		SANTA CRUZ		ECONOMY		40 MINS
35		SANTA CRUZ				TBC		

Your trip in a nutshell

Day 1
Arrive in Santa Cruz, where you'll be met and transferred to your hotel in the city
Alfonsina Boutique Hotel

Day 2
Introduction to Bolivia, exploring the highlights of Santa Cruz
Alfonsina Boutique Hotel

Day 3
Explore the Samaipata Fort archaeological site and spend a night in the charming village of Samaipata *El Pueblito Boutique Hotel*

Day 4
Return to Santa Cruz, stopping to experience the nature at Guembe Biopark
Alfonsina Boutique Hotel

Day 5
Visit the Jesuit Missions of Chuiquitos and admire the collection of 17th and 18th Century churches *Gran Hotel Concepción*

Day 6
Return to Santa Cruz and check in for 1 night
Alfonsina Boutique Hotel

Day 7
Fly to the wine-growing region of Tarija and check in for 3 nights
Hotel Los Parrales

Day 8
Wine tasting in Tarija
Hotel Los Parrales

Day 9
Spend the morning swimming in natural pools in Tomatitas
Hotel Los Parrales

Day 10
Continue to Villa Abecia, another wine-growing valley nearby
Hotel Parador Viña de Pereira

Day 11
Learn about the production of singani, Bolivia's national spirit
Hacienda San Pedro Homestay

Day 12
Drive to the mining town of Potosi. Check in for 1 night
Hotel Museo Cayara

Day 13
Begin exploring the Salar de Uyuni, the largest salt flats in the world
Casa Gaston

Day 14
Hike up Tunupa Volcano and observe a collection of well-preserved mummies
Casa Gaston

Day 15
Cross the spectacular landscapes of the Siloli Desert, passing coloured lagoons & unique rock formations *Hotel Tayka del Desierto*

Day 16
Marvel at huge geysers and enjoy a dip in natural hot springs in Bolivia's deserts
Hotel Luna Salada

Day 17
Fly to La Paz. Discover the colourful neighbourhood of El Alto, ride the world's longest cable car & dine at the city's best restaurant *Atix Hotel*

Day 18
Cultural and historical highlights of La Paz
Atix Hotel

Day 19
Bolivian cookery class with a local family
Atix Hotel

Day 20
Cycle the world's most dangerous road & visit some of Coroico's many fruit plantations *Atix Hotel*

Your trip in a nutshell

Day 21
Explore the pre-Inca archaeological site of Tiwanaku & continue to your glamping site on the shores of Lake Titicaca *Lake Titicaca Glamping*

Day 22
Visit the islands on the Bolivian side of the lake and learn about the Inca history
Lake Titicaca Glamping

Day 23
Fly to Rurrenabaque & transfer to your Amazon lodge by boat. Begin exploring the jungle on a guided hike *Chalalan Ecolodge*

Day 24
Observe hundreds of brightly coloured macaws & visit a local community deep in the Amazon *Chalalan Ecolodge*

Day 25
Boat to Santa Rosa. Wildlife spotting on the river & swimming with pink river dolphins *Mashaquipe Ecolodge*

Day 26
Morning wildlife watching on the river. Afternoon flight to Cochabamba for a 2-night stay *Gran Hotel Cochabamba*

Day 27
Highlights of Cochabamba, exploring the city's history under Spanish rule
Gran Hotel Cochabamba

Day 28
Travel to Toro Toro National Park & explore the vast Umajalanta Cave System
Toro Toro Homestay

Day 29
Enjoy the nature of Toro Toro at leisure
Toro Toro Homestay

Day 30
Hike through the Toro Toro National Park & stop for a dip in the natural pools
Gran Hotel Cochabamba

Day 31
Fly to Sucre & begin exploring the colonial centre of Bolivia's other capital city
Hotel Parador Santa Maria La Real

Day 32
Shop to your heart's content at Tarabuco indigenous market
Hotel Parador Santa Maria La Real

Day 33
Fly to Santa Cruz & transfer to your lodge in Amboro National Park, where the Amazon, Andes and dry forest collide *Refugio Los Volcanes Lodge*

Day 34
Explore Amboro National Park's many hiking trails
Refugio Los Volcanes Lodge

Day 35
Transfer to the airport & international flight home
Overnight flight

Travelling Responsibly

At LiNGER we firmly believe that in travel we can do more to help protect our planet.

We take our responsibilities to the environment, local communities, customers, suppliers, partners and employees very seriously and our intention is to constantly review our policies and strive to make improvements where we can.

We offer the opportunity to Give Back by partaking in a meaningful activity in an area that matters to you or where you may have a skillset.

This could be as simple as a beach clean in Sri Lanka to help protect our oceans or caring for orphaned sloths in a wildlife sanctuary in Costa Rica.

LiNGER longer on a sabbatical and devote time to teaching in a village school in Nicaragua or help with a conservation project researching plant species in the Amazon. LiNGER and Enrich Life through Travel.

Our Responsible Travel Policy can be viewed on our website:

https://linger.co.uk/responsible-travel/



The Nitty Gritty

Included

- Accommodation on a double/twin basis
- Daily breakfast
- Other meals as described
- Local English speaking private guides
- Private and shared transfers with air-conditioned vehicles
- Entrance fees for included activities
- Private and small group excursions

Excluded

- International flights
- Domestic flights
- Visas
- Tips / Gratuities
- Items of a personal nature - minibar, laundry, etc
- Any activity listed as optional
- Early check-in & late check-out at all hotels
- Meals and drinks where not mentioned in the itinerary
- Travel Insurance

Quotation

- From GBP £12,864.00 per person, based on two travelling together

Booking Terms & Conditions:

www.linger.co.uk/terms-and-conditions/

Start Planning

Our experienced team will guide you through a number of ideas based on how you would like to experience Bolivia.

No matter how long you have to travel, we'll guide you through the planning process to ensure a trip is carefully pieced together to suit your interests, pace of travel and budget.

Contact

Email: Travel@linger.co.uk

Telephone: +44 (0) 207 039 9240

Financial Protection

ATOL Protected Holidays

Many of the flights and flight-inclusive holidays are financially protected by the ATOL scheme. But ATOL protection does not apply to all holiday and travel services. Please ask us to confirm what protection may apply to your booking. If you do not receive an ATOL Certificate then the booking will not be ATOL protected. If you do receive an ATOL Certificate but all the parts of your trip are not listed on it, those parts will not be ATOL protected. Please see our booking conditions for information or for more information about financial protection and the ATOL Certificate go to: www.atol.org.uk/ATOLcertificate

Travel Regulation Insolvency Protection

LiNGER Travel Ltd is a company committed to customer satisfaction and consumer financial protection. We are therefore pleased to announce that, at no extra cost to you, and in accordance with "The Package Travel and Linked Travel Arrangements Regulations 2018" all passengers booking with LiNGER Travel Ltd are fully insured for the initial deposit, and subsequently the balance of monies paid as detailed in your booking confirmation form. The policy will also include repatriation if required, arising from the cancellation or curtailment of your travel arrangements due to the insolvency of Linger Travel Ltd. This protection has been arranged by means of a Trust Account held with Protected Trust Services.

Full details regarding Financial Protection can be viewed at: https://linger.co.uk/financial-protection/

Full details regarding the Package Travel and Linked Travel Arrangements Regulations 2018 can be viewed at: https://linger.co.uk/package-travel-regulations/

Privacy Policy

LiNGER respects your privacy and is committed to protecting your personal data. This privacy notice will inform you as to how we look after your personal data when you visit our website (regardless of where you visit it from) or when you otherwise provide personal data to us via other means (such as over the telephone) and tell you about your privacy rights and how the law protects you.

Full details regarding our Privacy Policy can be viewed at: https://linger.co.uk/privacy-policy/

11545 ATOL PROTECTED

PTS Linger Travel Ltd 5719

PTS Protected Trust SERVICES

"Unrivalled, intimate knowledge of destinations way beyond the obvious, with a genuine focus on sustainability".

Anna Guyer





Contact

www.linger.co.uk | Travel@linger.co.uk

+44 (0) 207 039 9240

LINGER

ENRICHING LIFE THROUGH TRAVEL